



PRODUCT GUIDE

2021

WELCOME TO NESTLÉ HEALTH SCIENCE

Nestlé Health Science is your strategic partner in enhancing the quality of patient care through comprehensive nutritional solutions. Our range of solutions helps your patients whether their goal is to manage their disease, recover better and faster, or stay healthy.

Our range of products addresses standard and disease-specific nutritional needs and our related services include healthcare professional education. Nestlé Health Science is a wholly owned subsidiary of Nestlé S.A.



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BENEPROTEIN®



Beneprotein® instant protein powder is a modular whey protein source. Each 7 g serving provides 6 g of protein. It can be added to most foods, liquids and as a "protein flush" with tube feedings.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Increased protein requirements

FEATURES AT-A-GLANCE:

Caloric density	25 Cal/7 g
Protein	100%
Carbohydrate	0%
Fat	0%
Protein Source	whey protein isolate (milk)
Kosher	Y
Gluten Free	Y
Lactose	<0.5g/7g serving (not for patients with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12151202	6 x 227 g canister
12166668	75 x 7 g packets

NUTRITIONAL INFORMATION

	7 g*	% Daily Value
Calories	25	
Fat	0 g	0%
Sodium	15 mg	1%
Potassium	35 mg	2%
Carbohydrate	0 g	0%
Protein	6 g	
Calcium		2%

Not a significant source of saturated fat, trans fat, cholesterol, fibre, sugars, vitamin A, vitamin C, or iron.

* 1 scoop or packet

INGREDIENTS: WHEY PROTEIN ISOLATE (MILK), SOY LECITHIN†.

CONTAINS MILK AND SOY.

†Helps powder dissolve.

This product is only suitable for individuals greater than 3 years old.

BOOST® COMPLETE+™ OATS & FLAXSEED POWDER

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Complete+™ Oats & Flaxseed are delicious meal replacement powders formulated to provide an all-in-one blend of protein, carbohydrates, fats, and vitamins and minerals for balanced nutrition. It also contains oats and flaxseed. It can be easily added to recipes to fortify snacks or meals. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Poor appetite
- Malnutrition
- Chewing or swallowing difficulties
- Increased protein requirements when recovering from illness or surgery

FEATURES AT-A-GLANCE:

Caloric density	0.8 Cal/ml*
Protein	35%
Carbohydrate	33%
Fat	32%
Protein Source	milk protein isolate, whey protein concentrate
Carbohydrate Source	sugar, tapioca and corn syrup solids, oat flour
Fat Source	sunflower oil, flaxseed
Dietary Fibre	2g/serving
Fibre Source	inulin, oat flour, flaxseed
Water content	250 ml/serving prepared
Kosher	N
Gluten Free	Y
Lactose Free	N
Low Residue	N

*Mixed with water.

ORDERING INFORMATION

Item #	Product size
12421857	3 x 486 g canisters chocolate
12421863	3 x 477 g canisters vanilla

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	300 ml* (53 g powder)
Energy	Cal	230
Energy	kJ	960
Protein	g	20
Carbohydrate	g	20
Fibre	g	2
Sugars	g	9
Fat	g	8
Polyunsaturates	g	1
Linoleic Acid	g	0.8
Linolenic Acid	g	0.14
Monounsaturates	g	4.5
Saturates	g	1.5
Cholesterol	mg	30
Sodium	mg	280
Potassium	mg	430
Chloride	mg	300
Manganese	mg	1.1
Copper	mg	0.6
Selenium	µg	12
Molybdenum	µg	22
Chromium	µg	10
Biotin	µg	36
Calcium	%	20
Phosphorus	%	20
Magnesium	%	19
Iron	%	18
Zinc	%	30
Iodide	%	40
Vitamin A	%	33
Vitamin D	%	10
Vitamin E	%	20
Vitamin C	%	16
Thiamine	%	28
Riboflavin	%	38
Niacin	%	50
Pantothenate	%	30
Vitamin B6	%	30
Folate	%	25
Vitamin B12	%	20

% = % Daily Value

*Per 300 ml prepared; 1/2 cup (53 g) powder and 250 ml water

INGREDIENTS: MILK PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, SUGARS (SUGAR, TAPIOCA SYRUP SOLIDS, CORN SYRUP SOLIDS), SUNFLOWER OIL, GLUTEN-FREE OAT FLOUR, INULIN, FLAXSEED, SEA SALT, SODIUM CASEINATE, SUNFLOWER LECITHIN, NATURAL FLAVOUR, CELLULOSE GUM, SILICON DIOXIDE, STEVIA EXTRACT, MONO- AND DIGLYCERIDES, **VITAMINS AND MINERALS:** VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, SODIUM TRIPHOSPHATE, DIPOTASSIUM PHOSPHATE, MAGNESIUM CITRATE, FERROUS FUMARATE, ZINC CITRATE, MANGANESE SULPHATE, COPPER GLUCONATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

BOOST® COMPLETE+™ PROBIOTIC POWDER

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Complete+™ Probiotic is a delicious meal replacement powder formulated to provide an all-in-one blend of protein, carbohydrates, fats, and vitamins and minerals for balanced nutrition, when prepared with milk. It also contains 1 billion CFU probiotics* to support a healthy gut flora. It can be easily added to recipes to fortify snacks or meals. For oral use.

**Bacillus coagulans* GBI-30, 6086, per serving

FOR THE NUTRITIONAL MANAGEMENT OF:

- Poor appetite
- Malnutrition
- Chewing or swallowing difficulties
- Increased protein requirements when recovering from illness or surgery

FEATURES AT-A-GLANCE:

Caloric density	0.8 Cal/ml†
Protein	35%†
Carbohydrate	33%†
Fat	32%†
Protein Source	whey protein concentrate, milk proteins
Carbohydrate Source	milk sugars, maltodextrin, corn syrup solids
Fat Source	milk fat, sunflower oil, flaxseed oil
Dietary Fibre	4 g/serving
Fibre Source	inulin
Sucralose	25 mg/serving
Water content	230 ml/serving prepared
Kosher	N
Gluten Free	Y
Lactose Free	N
Low Residue	N

†Mixed with 2% milk.

ORDERING INFORMATION

Item #	Product size
12433342	3 x 408 g canisters chocolate

NUTRITIONAL INFORMATION

	Units	27g Powder	300 ml prepared**
Energy	Cal	100	230
Energy	kJ	420	960
Protein	g	11	20
Carbohydrate	g	9	21
Fibre	g	4	4
Sugars	g	2	14
Fat	g	3	8
Polyunsaturates	g	1.1	1.2
Linoleic Acid	g	0.9	1
Linolenic Acid	g	0.14	0.15
Monounsaturates	g	0.5	1.5
Saturates	g	1	4
Cholesterol	mg	30	50
Sodium	mg	170	290
Potassium	mg	300	700
Chloride	mg	160	160
Manganese	mg	1.1	1.1
Copper	mg	0.6	0.6
Selenium	µg	12	17
Molybdenum	µg	25	25
Chromium	µg	12	12
Biotin	µg	35	35
Calcium	%	4	27
Phosphorus	%	5	23
Magnesium	%	19	26
Iron	%	24	24
Zinc	%	33	42
Iodide	%	40	40
Vitamin A	%	18	30
Vitamin D	%	10	21
Vitamin E	%	18	18
Vitamin C	%	16	16
Thiamine	%	25	33
Riboflavin	%	27	58
Niacin	%	47	60
Pantothenate	%	25	40
Vitamin B6	%	29	34
Folate	%	27	30
Vitamin B12	%	20	58
Sucralose	mg	25	25

% = % Daily Value

**Per 300 ml prepared; 1/4 cup (27 g) powder and 250 ml 2% milk

INGREDIENTS: WHEY PROTEIN CONCENTRATE, COCOA, INULIN, SUGARS (MALTODEXTRIN, CORN SYRUP SOLIDS), SUNFLOWER OIL, SEA SALT, FLAXSEED OIL, SODIUM CASEINATE, *BACILLUS COAGULANS* GBI-30 6086, CELLULOSE GUM, SOY LECITHIN, NATURAL FLAVOUR, MONO- AND DIGLYCERIDES, SILICON DIOXIDE, SUCRALOSE, **VITAMINS AND MINERALS:** VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, SODIUM TRIPHOSPHATE, DIPOTASSIUM PHOSPHATE, MAGNESIUM CITRATE, FERROUS FUMARATE, ZINC CITRATE, MANGANESE, SULPHATE, COPPER GLUCONATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

BOOST® DIABETIC

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



EASY TO OPEN
ONE-STEP TWIST CAP

PROUD SUPPORTER OF
DIABETES
CANADA



BOOST® Diabetic is a great tasting, nutritionally complete formula designed to meet the needs of people with diabetes. A unique and calorically balanced blend of protein, fat and carbohydrates. Provides 17 g of carbohydrate per serving. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Diabetes
- Hyperglycemia
- Glucose intolerance

FEATURES AT-A-GLANCE:

Caloric density	0.8 Cal/ml
Protein	34%
Carbohydrate	33%
Fat	33%
Protein Source	modified milk ingredients, soy protein isolate
Carbohydrate source	tapioca dextrin
Fat Source	vegetable oils (canola, high oleic sunflower, corn)
Dietary Fibre	3 g/237 ml
Fibre Source	67 % oligofructose/inulin, 33 % Acacia Gum
Sucralose	40 mg/237 ml - vanilla/strawberry 45 mg/237 ml - chocolate
Water content	195 ml/237 ml
Kosher	Y
Gluten Free	Y
Lactose	< 0.5 g/237 ml (not for individuals with galactosemia)
Low Residue	N

ORDERING INFORMATION

Item #	Product size
12404650	24 x 237 ml Tetra Prisma® vanilla
12404643	24 x 237 ml Tetra Prisma® chocolate
12404642	24 x 237 ml Tetra Prisma® strawberry

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	237 ml
Energy	Cal	190
Energy	kJ	790
Protein	g	16
Carbohydrate	g	17
Fibre	g	3
Sugars	g	0.5
Fat	g	7
Linoleic Acid	g	1.1
Linolenic Acid	g	0.2
Saturates	g	1
Vitamin A	µg	210
Vitamin D	µg	0.9
Vitamin E	mg	2.1
Vitamin C	mg	10.6
Thiamine	mg	0.3
Riboflavin	mg	0.38
Niacin	mg	6.3
Pantothenate	mg	1.3
Vitamin B6	mg	0.38
Biotin	µg	25.5
Folate	µg DFE	106
Vitamin B12	µg	0.21
Sodium	mg	125
Potassium	mg	350
Chloride	mg	115
Calcium	mg	280
Phosphorus	mg	260
Magnesium	mg	54
Iron	mg	2.5
Zinc	mg	3
Manganese	mg	0.95
Copper	mg	0.32
Iodide	µg	50
Selenium	µg	4
Molybdenum	µg	8
Chromium	µg	0.2
Sucralose	mg	40

INGREDIENTS: WATER, MODIFIED MILK INGREDIENTS, TAPIOCA DEXTRIN, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER, CORN), SOY PROTEIN ISOLATE, ACACIA GUM, OLIGOFRUCTOSE, INULIN, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, CALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE), CELLULOSE GEL AND GUM, SOY LECITHIN, SUCRALOSE, ARTIFICIAL FLAVOUR, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

BOOST® FRUIT FLAVOURED BEVERAGE

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



**NEW PACKAGING COMING
SPRING/SUMMER 2021**

BOOST® Fruit Flavoured Beverage is a great tasting, nutritionally complete clear liquid diet oral supplement; an alternative to milky formulas. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Clear liquid diet needs
- Fat malabsorption
- Involuntary weight loss
- Malnutrition
- Reduced intake:
 - When recovering from illness or surgery
 - During and after cancer treatment
 - After oral surgery

FEATURES AT-A-GLANCE:

Caloric density	0.76 Cal/ml
Protein	19%
Carbohydrate	78%
Fat	3%
Protein Source	whey protein isolate (milk)
Carbohydrate Source	liquid sugar
Fat Source	soybean oil
Water content	205 ml/237 ml
Osmolality	790 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/237 ml (not for patients with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
9521625	27 x 237 ml Tetra Brik® orange
9521626	27 x 237 ml Tetra Brik® peach
9521627	27 x 237 ml Tetra Brik® wild berry

NUTRITIONAL INFORMATION

Orange Flavoured	Units	100 ml	237 ml
Energy	Cal	76	180
Energy	kJ	320	750
Protein	g	3.7	8.8
Fat	g	0.21	0.5
Linoleic Acid	g	0.084	0.2
Carbohydrate	g	15	36
Sodium	mg	27	65
Vitamin A	IU	191	453
Vitamin D	IU	21	50
Vitamin E	IU	2.4	5.7
Thiamine	mg	0.16	0.38
Riboflavin	mg	0.18	0.43
Vitamin B6	mg	0.21	0.5
Niacin	mg	2.1	5
Vitamin C	mg	16	37.5
Vitamin B12	mg	0.00063	0.0015
Folic Acid	mg	0.021	0.05
Pantothenic Acid	mg	0.53	1.25
Biotin	mg	0.016	0.038
Vitamin K	mg	0.0038	0.009
Iron	mg	0.95	2.25
Calcium	mg	33	79
Phosphorus	mg	84	200
Chloride	mg	53	125
Magnesium	mg	17	40
Iodine	mg	0.0084	0.02
Copper	mg	0.11	0.25
Manganese	mg	0.21	0.5
Zinc	mg	1.6	3.75
Choline	mg	55	130

Potassium content averages 4 mg/100 ml;
Potassium levels <5 mg/100 ml are not labelled.

INGREDIENTS: WATER, LIQUID SUGAR, WHEY PROTEIN ISOLATE (MILK), PHOSPHORIC ACID, MAGNESIUM GLUCONATE, CITRIC ACID, SOYBEAN OIL, CHOLINE BITARTRATE, NATURAL FLAVOUR, CALCIUM CHLORIDE, COLOUR, L-CYSTEINE, POLYGLYCEROL ESTERS OF FATTY ACIDS, MANGANESE SULPHATE, FERROUS SULPHATE (IRON), COPPER GLUCONATE, ZINC SULPHATE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA TOCOPHERYL ACETATE, VITAMIN K₁, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NICOTINAMIDE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, CALCIUM PANTOTHENATE (PANTOTHENIC ACID), CYANOCOBALAMIN, BIOTIN.

CONTAINS MILK AND SOY.

BOOST® HIGH PROTEIN

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



EASY TO OPEN
ONE-STEP TWIST CAP

No artificial
flavour or colour.
Natural source
sweetener.



BOOST® High Protein is a great tasting, nutritionally complete formula with 15 g of protein per 237 ml that can be used as a snack or as a meal. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Chewing or swallowing difficulties
- Fluid or volume restrictions
- Poor appetite

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	25%
Carbohydrate	56%
Fat	19%
Protein Source	modified milk ingredients, soy protein isolate
Carbohydrate source	corn syrup, sugar
Fat Source	vegetable oils (canola, high oleic sunflower, corn)
Water content	197 ml/237 ml
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g lactose/237 ml (not for individuals with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12404641	24 x 237 ml Tetra Prisma® chocolate
12404640	24 x 237 ml Tetra Prisma® strawberry
12404629	24 x 237 ml Tetra Prisma® vanilla

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	237 ml
Energy	Cal	240
Energy	kJ	1000
Protein	g	15
Carbohydrate	g	34
Sugars	g	14
Fat	g	5
Polyunsaturates	g	1.2
Linoleic Acid	g	0.8
Linolenic Acid	g	0.14
Monounsaturates	g	2.7
Saturates	g	1
Cholesterol	mg	7
Sodium	mg	250
Potassium	mg	450
Chloride	mg	400
Manganese	mg	1.2
Copper	mg	0.6
Selenium	µg	12
Molybdenum	µg	25
Chromium	µg	12
Biotin	µg	40
Choline	mg	55
Calcium	%	28
Phosphorus	%	24
Magnesium	%	21
Iron	%	25
Zinc	%	36
Iodide	%	27
Vitamin A	%	50
Vitamin D	%	8
Vitamin E	%	17
Vitamin C	%	17
Thiamine	%	32
Riboflavin	%	38
Niacin	%	50
Pantothenate	%	28
Vitamin B6	%	24
Folate	%	33
Vitamin B12	%	11

% = % Daily Value

INGREDIENTS: WATER, SUGARS (CORN SYRUP, SUGAR), MODIFIED MILK INGREDIENTS, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER, CORN), SOY PROTEIN ISOLATE, HIGH OLEIC SUNFLOWER, CORN), SOY PROTEIN ISOLATE, SALT, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACIN, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CHOLINE BITARTRATE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, MAGNESIUM CHLORIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), FLAVOUR, CELLULOSE GEL AND GUM, SOY LECITHIN, CARRAGEENAN, STEVIA EXTRACT, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

BOOST® JUST PROTEIN™

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Just Protein™ is an unflavoured instant protein powder that is a modular whey protein source. Each 21 g serving provides 18 g of protein. It can be added to most foods, liquids and as a "protein flush" with tube feedings.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Increased protein requirements

FEATURES AT-A-GLANCE:

Caloric density	80 Cal/21 g
Protein	95%
Carbohydrate	5%
Fat	0%
Protein Source	whey protein isolate (milk)
Kosher	Y
Gluten Free	Y
Lactose Free	N
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12322570	6 x 227 g canister

NUTRITIONAL INFORMATION

	Units	21 g	% Daily Value
Calories	Cal	80	
Fat	g	0	0%
Sodium	mg	45	2%
Potassium	mg	105	3%
Carbohydrate	g	1	0%
Sugars	g	0	
Protein	g	18	3 %
Calcium	mg		6%

Not a significant source of saturated fat, trans fat, cholesterol, fibre, sugars, vitamin A, vitamin C, or iron.

INGREDIENTS: WHEY PROTEIN ISOLATE (99%), SOY LECITHIN* (1%).

CONTAINS MILK AND SOY.

*Helps powder dissolve.

This product is only suitable for individuals greater than 3 years old.

BOOST® ORIGINAL

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



EASY TO OPEN
ONE-STEP TWIST CAP

No artificial
flavour or colour.
Natural source
sweetener.



BOOST® Original is a great tasting, nutritionally complete, meal replacement that can be used as a snack or as a meal. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Poor appetite
- Involuntary weight loss
- Malnutrition
- Reduced intake:
 - When recovering from illness or surgery
 - During and after cancer treatment
 - After oral surgery

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	17%
Carbohydrate	68 %
Fat	15 %
Protein Source	milk protein, soy protein
Carbohydrate Source	corn syrup, sugar
Fat Source	vegetable oils (canola, high oleic sunflower, corn)
Water content	200 ml/237 ml
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/237 ml (not for individuals with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12404651	24 x 237 ml Tetra Prisma® vanilla
12404608	24 x 237 ml Tetra Prisma® chocolate
12404607	24 x 237 ml Tetra Prisma® strawberry
12404644	24 x 237 ml Tetra Prisma® chocolate latte

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	237 ml
Energy	Cal	230
Energy	kJ	960
Protein	g	10
Carbohydrate	g	34
Sugars	g	14
Fat	g	6
Polyunsaturates	g	1.6
Linoleic Acid	g	1.2
Linolenic Acid	g	0.24
Monounsaturates	g	3.3
Saturates	g	0.7
Cholesterol	mg	6.8
Sodium	mg	265
Potassium	mg	410
Chloride	mg	320
Manganese	mg	1.1
Copper	mg	0.6
Selenium	µg	11
Molybdenum	µg	22
Chromium	µg	11
Biotin	µg	30
Choline	mg	55
Calcium	%	24
Phosphorus	%	21
Magnesium	%	21
Iron	%	19
Zinc	%	37
Iodide	%	27
Vitamin A	%	33
Vitamin D	%	8
Vitamin E	%	17
Vitamin C	%	17
Thiamine	%	27
Riboflavin	%	33
Niacin	%	43
Pantothenate	%	28
Vitamin B6	%	24
Folate	%	26
Vitamin B12	%	11

% = % Daily Value

INGREDIENTS: WATER, SUGARS (CORN SYRUP, SUGAR), MILK PROTEIN, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER AND CORN), SOY PROTEIN, SALT, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CHOLINE BITARTRATE), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, CALCIUM CARBONATE, TRICALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), CELLULOSE GEL AND GUM, SOY LECITHIN, FLAVOUR, CARRAGEENAN, STEVIA EXTRACT, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

BOOST® PLUS CALORIES

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



EASY TO OPEN
ONE-STEP TWIST CAP



BOOST® Plus Calories is a great tasting, nutritionally complete formula that can be used as a snack or as a meal. It provides a concentrated calorie source in a limited volume for patients with high energy needs. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Fluid restriction / volume sensitivity
- Increased energy needs
- Poor appetite
- Involuntary weight loss
- Malnutrition
- Reduced intake:
 - When recovering from illness or surgery
 - During and after cancer treatment
 - After oral surgery

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	16%
Carbohydrate	49%
Fat	35%
Protein Source	modified milk ingredients, soy protein isolate
Carbohydrate Source	corn syrup, sugar
Fat Source	vegetable oils (canola, high oleic sunflower, corn)
Dietary Fibre	3 g/237 ml
Fibre Source	60% oligofructose/inulin, 40% acacia gum
Water content	183 ml/237 ml
Kosher	Y
Gluten Free	Y
Lactose	< 0.5 g/237 ml (not for individuals with galactosemia)
Low Residue	N

ORDERING INFORMATION

Item #	Product size
12404646	24 x 237 ml Tetra Prisma® vanilla
12404645	24 x 237 ml Tetra Prisma® chocolate
12404647	24 x 237 ml Tetra Prisma® strawberry

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	237 ml
Energy	Cal	152	360
Energy	kJ	640	1510
Protein	g	5.9	14
Carbohydrate	g	19	45
Fibre	g	1.3	3
Sugars	g	9	22
Fat	g	5.9	14
Polyunsaturates	g	1.4	3.3
Linoleic Acid	g	0.97	2.3
Linolenic Acid	g	0.17	0.4
Monounsaturates	g	3	7
Saturates	g	0.63	1.5
Cholesterol	mg	4.2	10
Vitamin A	IU	422	1000
Retinol	IU	211	500
Beta-Carotene	IU	211	500
Vitamin D	IU	34	80
Vitamin E	IU	13	30
Vitamin K	mg	0.014	0.032
Vitamin C	mg	25	60
Thiamine	mg	0.16	0.38
Riboflavin	mg	0.18	0.43
Niacin	mg	2.1	5
Pantothenic Acid	mg	1.06	2.5
Vitamin B6	mg	0.3	0.7
Biotin	mg	0.032	0.075
Folic Acid	mg	0.051	0.12
Vitamin B12	mg	0.0009	0.0021
Choline	mg	23	55
Sodium	mg	84	200
Potassium	mg	152	360
Chloride	mg	115	273
Calcium	mg	148	350
Phosphorus	mg	127	300
Magnesium	mg	42	100
Iron	mg	1.9	4.5
Zinc	mg	1.9	4.5
Manganese	mg	0.3	0.7
Copper	mg	0.21	0.5
Iodine	mg	0.016	0.038
Selenium	mg	0.0076	0.018
Molybdenum	mg	0.008	0.019
Chromium	mg	0.013	0.03

INGREDIENTS: WATER, CORN SYRUP, SUGAR, MODIFIED MILK INGREDIENTS, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER, CORN), SOY PROTEIN ISOLATE, ACACIA GUM, OLIGOFRUCTOSE, INULIN, SALT, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, ASCORBIC ACID, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE BITARTRATE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, DIMAGNESIUM PHOSPHATE TRIHYDRATE, MAGNESIUM CHLORIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, ARTIFICIAL FLAVOUR, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 25

BOOST® POWDER

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Powder is a great tasting option, when mixed with milk or in smoothies, that provides a source of protein and other vitamins and minerals. It can be easily added to recipes to fortify snacks or meals. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Skipped breakfast meal
- Inadequate oral intake

FEATURES AT-A-GLANCE:

Caloric density	1.1 Cal/ml†
Protein	20%‡
Carbohydrate	53%‡
Fat	27%‡
Protein Source	skim milk powder
Carbohydrate Source	skim milk powder, sugar, corn maltodextrin, lactose
Fat Source	milk fat
Dietary Fibre	3 g/serving
Fibre Source	oligofructose, inulin
Kosher	Y
Gluten Free	N
Lactose Free	N
Low Residue	N

‡Mixed with whole milk.

ORDERING INFORMATION

Item #	Product Size
12350889	6 x 880 g cans vanilla
12350950	6 x 880 g cans chocolate

NUTRITIONAL INFORMATION

Vanilla Flavoured	Amount	Dry Powder†	Prepared*
Calories		150	300
		% Daily Value**	
Fat	0.1 g†	1 %	11 %
Saturated	0 g	0 %	26 %
+ Trans	0 g		
Carbohydrate	30 g		
Fibre	3 g	11 %	11 %
Sugars	20 g	20 %	32 %
Protein	7 g		
Cholesterol	5 mg	2 %	12 %
Sodium	115 mg	5 %	10 %
Potassium	350 mg	7 %	15 %
Calcium	225 mg	17 %	43 %
Iron	7 mg	39 %	39 %
Vitamin A	500 µg	56 %	67 %
Vitamin C	30 mg	33 %	33 %
Vitamin D	0 µg	0 %	10 %
Thiamine	0.65 mg	54 %	63 %
Riboflavin	0.95 mg	73 %	108 %
Niacin	6 mg	38 %	50 %
Vitamin B6	0.075 mg	4 %	10 %
Vitamin B12	0.6 µg	25 %	63 %
Pantothenate	0.6 mg	12 %	26 %
Phosphorus	225 mg	18 %	36 %
Iodide	40 µg	27 %	27 %
Magnesium	25 mg	6 %	14 %
Zinc	1 mg	9 %	18 %

† Amount in food as sold; Per 1/3 cup (40 g).

* For 280 ml serving prepared with 250 ml whole milk.

** 5% or less is a little, 15% or more is a lot.

INGREDIENTS: SKIM MILK POWDER, SUGARS (SUGAR, CORN MALTODEXTRIN, LACTOSE), OLIGOFRUCTOSE, INULIN, CELLULOSE GUM, ARTIFICIAL FLAVOUR, **VITAMINS** (VITAMIN A PALMITATE, ASCORBIC ACID, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE), **MINERAL** (FERRIC ORTHOPHOSPHATE).

CONTAINS MILK. MAY CONTAIN SOY AND WHEAT.

BOOST® PROTEIN +™

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Protein +™ shake is a great tasting, nutritionally complete formula with 27 g of protein per 325 ml that can be used as a meal. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Increased protein requirements
 - When recovering from illness or surgery
 - During and after cancer treatment
- Inadequate oral intake

FEATURES AT-A-GLANCE:

Caloric density	0.8 Cal/ml
Protein	40%
Carbohydrate	33%
Fat	27%
Protein Source	milk protein, soy protein isolate
Carbohydrate Source	sugar, corn syrup
Fat Source	vegetable oils (canola, high oleic sunflower, corn)
Sucralose	24 mg/325 ml
Water content	280 ml/325 ml
Kosher	Y
Gluten Free	Y
Lactose Free	N
Low Residue	N

ORDERING INFORMATION

Item #	Product size
12305014	12 x 325 ml bottles chocolate

NUTRITIONAL INFORMATION

	Units	325 ml
Energy	Cal	270
Energy	kJ	1130
Protein	g	27
Carbohydrate	g	22
Fibre	g	2
Sugars	g	13
Fat	g	8
Polyunsaturates	g	1.8
Linoleic Acid	g	1.5
Linolenic Acid	g	0.3
Monounsaturates	g	4
Saturates	g	1
Cholesterol	mg	15
Sodium	mg	265
Potassium	mg	700
Chloride	mg	250
Manganese	mg	1
Copper	mg	0.55
Selenium	mg	0.015
Molybdenum	mg	0.025
Chromium	mg	0.012
Biotin	mg	0.035
Choline	mg	150
Calcium	%	40
Phosphorus	%	36
Magnesium	%	40
Iron	%	24
Zinc	%	44
Iodide	%	25
Vitamin A	%	35
Vitamin D	%	25
Vitamin E	%	32
Vitamin C	%	33
Thiamine	%	27
Riboflavin	%	31
Niacin	%	29
Pantothenate	%	19
Vitamin B6	%	25
Folacin	%	32
Vitamin B12	%	15
Sucralose	mg	24

% = % Daily Value

INGREDIENTS: WATER, MILK PROTEIN, SUGAR, CORN SYRUP, COCOA, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER AND CORN), SOY PROTEIN ISOLATE, SALT, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₂, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CHOLINE BITARTRATE), **MINERALS** (POTASSIUM CITRATE, MAGNESIUM PHOSPHATE, FERRIC PHOSPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), CELLULOSE GEL AND GUM, SOY LECITHIN, CARRAGEENAN, SUCRALOSE, NATURAL AND ARTIFICIAL FLAVOUR, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

BOOST® PUDDING

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Pudding is great tasting and nutritionally complete in a pudding format. It can be used as a snack or dessert. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Involuntary weight loss
- Malnutrition
- Fluid or volume restrictions
- Poor appetite
- Chewing or swallowing difficulties

FEATURES AT-A-GLANCE:

Caloric density	1.81 Cal/ml
Protein	12%
Carbohydrate	56%
Fat	32%
Protein Source	modified milk ingredients
Carbohydrate Source	corn maltodextrin, sugar, modified corn starch
Fat Source	canola, high oleic sunflower, corn oils
Water content	93 ml/142 g serving
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/142 g (not for patients with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12305999	48 x 142 g cans chocolate
12306040	48 x 142 g cans vanilla

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 g	142 g
Energy	Cal	160	230
Energy	kJ	670	950
Protein	g	4.8	6.8
Carbohydrate	g	23	32
Sugars	g	10	14
Fat	g	5.6	8
Linoleic Acid	g	1.2	1.7
Vitamin A	IU	585	830
Retinol	IU	300	425
Beta-Carotene	IU	285	405
Vitamin D	IU	56	80
Vitamin E	IU	10.6	15
Vitamin K	mg	0.014	0.02
Vitamin C	mg	25	36
Thiamine	mg	0.14	0.2
Riboflavin	mg	0.2	0.3
Niacin	mg	2.1	3
Pantothenate	mg	1	1.5
Vitamin B6	mg	0.3	0.4
Biotin	mg	0.035	0.05
Folic Acid	mg	0.06	0.08
Vitamin B12	mg	0.0007	0.001
Choline	mg	18	25
Sodium	mg	81	115
Potassium	mg	176	250
Chloride	mg	77	110
Calcium	mg	176	250
Phosphorus	mg	176	250
Magnesium	mg	42	60
Iron	mg	1.9	2.7
Zinc	mg	1.9	2.7
Manganese	mg	0.28	0.4
Copper	mg	0.2	0.3
Iodide	mg	0.014	0.02
Selenium	mg	0.007	0.01
Molybdenum	mg	0.007	0.01
Chromium	mg	0.014	0.02

INGREDIENTS: WATER, CORN MALTODEXTRIN, SUGAR, MODIFIED MILK INGREDIENTS, VEGETABLE OILS (CANOLA, HIGH OLEIC SUNFLOWER, CORN), MODIFIED CORN STARCH, SALT, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, CALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, FERRIC PYROPHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM CHLORIDE), SODIUM STEAROYL-2-LACTYLATE, NATURAL AND ARTIFICIAL FLAVOUR, CARRAGEENAN, STEVIA EXTRACT.

CONTAINS MILK.

BOOST® SOOTHE

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



BOOST® Soothe is a clear nutritional drink with 300 calories and 10 g of whey protein per 237 ml serving. Refreshing, cooling and easy-to-drink. Specially formulated to avoid certain ingredients that are known to have a metallic aftertaste. Designed to provide nutrition support for patients experiencing sensory alterations or oral discomfort as a result of chemotherapy and/or radiation therapy.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Patients undergoing chemo- and/or radiotherapy with:
 - Reduced nutritional intake
 - Risk of malnutrition
 - Sensory alterations and oral discomfort
- Clear liquid diet needs
- Fat malabsorption

FEATURES AT-A-GLANCE:

Caloric density	1.3 Cal/ml
Protein	13%
Carbohydrate	87%
Fat	0%
Protein Source	whey protein isolate (milk)
Carbohydrate Source	brown rice syrup, sugar
Water content	186 ml/237 ml
Osmolality	660 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/237 ml (not for individuals with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12305040	27 x 237ml Tetra Brik® hint of peach mint

NUTRITIONAL INFORMATION

	Units	237 ml	% Daily Value
Energy	Cal	300	
Fat	g	0	0%
Cholesterol	mg	5	2%
Sodium	mg	0	0%
Carbohydrate	g	65	22%
Sugar	g	15	
Protein	g	10	

Not a significant source of saturated fat, trans fat, potassium, fibre, vitamin A, vitamin C, calcium, or iron.

Not intended as a sole source of nutrition.

INGREDIENTS: WATER, BROWN RICE SYRUP, WHEY PROTEIN ISOLATE (MILK), SUGAR, PEACH JUICE CONCENTRATE, NATURAL FLAVOUR, DIMETHYLPOLYSILOXANE.

CONTAINS MILK.

BOOST® 1.5

The BOOST® family of products offers an extensive line of nutritional formulas and supplements.



NEW PACKAGING COMING SPRING/SUMMER 2021

BOOST® 1.5 is a great tasting, nutritionally complete supplement that can be used as a snack or as a meal. It provides concentrated calories in a limited volume for patients with high energy needs. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Fluid restriction / volume sensitivity
- Increased energy needs
- Poor appetite
- Involuntary weight loss
- Malnutrition
- Reduced intake:
 - When recovering from illness or surgery
 - During and after cancer treatment

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	14%
Carbohydrate	58%
Fat	28%
Protein Source	sodium and calcium caseinates (milk), soy protein isolate
Carbohydrate Source	corn syrup, sugar
Fat Source	high oleic sunflower oil, canola oil
Water content	180 ml/237 ml
Osmolality	920 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
9521637	27 x 237 ml Tetra Brik® vanilla
9521638	27 x 237 ml Tetra Brik® chocolate
9521639	27 x 237 ml Tetra Brik® strawberry

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	237 ml
Energy	Cal	151	359
Energy	kJ	630	1500
Protein	g	5.5	13
Fat	g	4.6	11
Linoleic Acid	g	0.46	1.1
Carbohydrate	g	22	52
Vitamin A	IU	450	1067
Vitamin D	IU	42	100
Vitamin E	IU	3.2	7.5
Thiamine	mg	0.25	0.6
Riboflavin	mg	0.29	0.68
Vitamin B6	mg	0.34	0.8
Niacin	mg	3.4	8
Vitamin C	mg	15	36
Vitamin B12	mg	0.001	0.0024
Folic Acid	mg	0.042	0.1
Pantothenic Acid	mg	1.1	2.5
Biotin	mg	0.032	0.075
Vitamin K	mg	0.0084	0.02
Iron	mg	1.9	4.5
Calcium	mg	127	300
Phosphorus	mg	105	250
Sodium	mg	131	310
Potassium	mg	194	460
Chloride	mg	143	340
Magnesium	mg	42	100
Iodine	mg	0.016	0.038
Copper	mg	0.21	0.5
Manganese	mg	0.21	0.5
Zinc	mg	2.5	6
Choline	mg	42	100
Selenium	mg	0.0076	0.018
Chromium	mg	0.013	0.03
Molybdenum	mg	0.008	0.019

INGREDIENTS: WATER, CORN SYRUP, SUGAR, SODIUM CASEINATE (FROM MILK), HIGH OLEIC SUNFLOWER OIL, SOY PROTEIN ISOLATE, CANOLA OIL, CALCIUM CASEINATE, POTASSIUM CITRATE, TRICALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVOUR, SODIUM CITRATE, SOY LECITHIN, MAGNESIUM CHLORIDE, CELLULOSE GUM, MICROCRYSTALLINE CELLULOSE, CHOLINE CHLORIDE, ASCORBIC ACID, CARRAGEENAN, POTASSIUM HYDROXIDE, POTASSIUM CHLORIDE, ZINC SULPHATE, FERROUS SULPHATE (IRON), ALPHA-TOCOPHERYL ACETATE, NIACINAMIDE, CALCIUM PANTOTHENATE (PANTOTHENIC ACID), COPPER GLUCONATE, MANGANESE SULPHATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, VITAMIN A PALMITATE, RIBOFLAVIN, CHROMIUM CHLORIDE, FOLIC ACID, BIOTIN, POTASSIUM IODIDE (IODINE), SODIUM MOLYBDATE (MOLYBDENUM), SODIUM SELENITE (SELENIUM), VITAMIN K, CYANOCOBALAMIN, VITAMIN D₃, DIMETHYLPOLYSILOXANE.

CARNATION® BREAKFAST ESSENTIALS® POWDER

Carnation® Breakfast Essentials® Drink Mix is a nutritious, delicious and convenient breakfast solution.



Carnation® Breakfast Essentials® is a delicious instant breakfast beverage; when mixed with milk, provides a source of protein and fiber and an excellent source of calcium per serving. It can also be used with snacks or meals. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Skipped breakfast meal
- Inadequate oral intake

FEATURES AT-A-GLANCE:

Caloric density	1.1 Cal/ml†
Protein	15%‡
Carbohydrate	30%‡
Fat	11%‡
Protein Source	skim milk powder
Carbohydrate Source	skim milk powder, sugar, corn maltodextrin, lactose
Fat Source	milk fat
Dietary Fibre	3 g/serving
Fibre Source	oligofructose, inulin
Kosher	Y
Gluten Free	N
Lactose Free	N
Low Residue	N

†Mixed with whole milk.

ORDERING INFORMATION

Item #	Product size
12322584	3 x 880 g cans vanilla
12322587	3 x 880 g cans chocolate
12322585	3 x 880 g cans strawberry
12078564	6 x 10 x 40 g packets vanilla
11001248	6 x 10 x 40 g packets chocolate
12078741	6 x 10 x 40 g packets strawberry
11001249	6 x 10 x 40 g packets variety

NUTRITIONAL INFORMATION

Vanilla Flavoured	Amount	Dry Powder†	Prepared*
Calories		150	300
		% Daily Value**	
Fat	0.1 g†	1 %	11 %
Saturated	0 g	0 %	26 %
+ Trans	0 g		
Carbohydrate	30 g		
Fibre	3 g	11 %	11 %
Sugars	20 g	20 %	32 %
Protein	7 g		
Cholesterol	5 mg	2 %	12 %
Sodium	115 mg	5 %	10 %
Potassium	350 mg	7 %	15 %
Calcium	225 mg	17 %	43 %
Iron	7 mg	39 %	39 %
Vitamin A	500 µg	56 %	67 %
Vitamin C	30 mg	33 %	33 %
Vitamin D	0 µg	0 %	10 %
Thiamine	0.65 mg	54 %	63 %
Riboflavin	0.95 mg	73 %	108 %
Niacin	6 mg	38 %	50 %
Vitamin B6	0.075 mg	4 %	10 %
Vitamin B12	0.6 µg	25 %	63 %
Pantothenate	0.6 mg	12 %	26 %
Phosphorus	225 mg	18 %	36 %
Iodide	40 µg	27 %	27 %
Magnesium	25 mg	6 %	14 %
Zinc	1 mg	9 %	18 %

† Per 1/3 cup or 1 sachet (40 g). Amount in food as sold.

* For 280 ml serving prepared with 250 ml whole milk.

** 5% or less is a little, 15% or more is a lot.

INGREDIENTS: SKIM MILK POWDER, SUGARS (SUGAR CORN MALTODEXTRIN, LACTOSE), OLIGOFRUCTOSE, INULIN, CELLULOSE GUM, ARTIFICIAL FLAVOUR, **VITAMINS AND MINERALS** (VITAMIN A PALMITATE, ASCORBIC ACID, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, FERRIC ORTHOPHOSPHATE).

CONTAINS MILK. MAY CONTAIN SOY, WHEAT.

CARNATION®

BREAKFAST ESSENTIALS® READY-TO-DRINK

Carnation® Breakfast Essentials® is a nutritious, delicious and convenient breakfast solution.



Carnation® Breakfast Essentials® is a delicious compact nutritional drink. It is an excellent source of calcium, iron and a source of protein. It can also be used with snacks or as a meal. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Skipped breakfast meal
- Inadequate oral intake

FEATURES AT-A-GLANCE:

Caloric density	1.01 Cal/ml
Protein	17%
Carbohydrate	68%
Fat	15%
Protein Source	milk protein, soy protein isolate
Carbohydrate Source	corn syrup, sugar
Fat Source	vegetable oils (canola, sunflower, corn)
Water content	198 ml/237 ml
Osmolality	600 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/237 ml (not for patients with galactosemia)
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12404609	4 x 6 x 237 ml Tetra Prisma® vanilla
12404660	4 x 6 x 237 ml Tetra Prisma® chocolate

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	237 ml
Energy	Cal	240
Energy	kJ	1000
Protein	g	10
Carbohydrate	g	41
Sugars	g	14
Fat	g	4
Polyunsaturates	g	1
Linoleic Acid	g	0.8
Linolenic Acid	g	0.14
Monounsaturates	g	2.1
Saturates	g	0.7
Cholesterol	mg	6.8
Sodium	mg	265
Potassium	mg	410
Chloride	mg	320
Manganese	mg	1.1
Copper	mg	0.6
Selenium	µg	11
Molybdenum	µg	22
Chromium	µg	11
Biotin	µg	30
Choline	mg	55
Calcium	%	24
Phosphorus	%	21
Magnesium	%	21
Iron	%	19
Zinc	%	37
Iodide	%	27
Vitamin A	%	33
Vitamin D	%	8
Vitamin E	%	17
Vitamin C	%	17
Thiamine	%	27
Riboflavin	%	33
Niacin	%	43
Pantothenate	%	28
Vitamin B6	%	24
Folacin	%	27
Vitamin B12	%	11

% = % Daily Value

INGREDIENTS: WATER, SUGARS (CORN SYRUP, SUGAR), MILK PROTEIN/VEGETABLE OIL, SOY PROTEIN ISOLATE, SALT, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, SODIUM ASCORBATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CHOLINE BITARTRATE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, SODIUM CITRATE, CALCIUM CARBONATE, TRICALCIUM PHOSPHATE, DIMAGNESIUM PHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), ARTIFICIAL FLAVOUR, CELLULOSE GEL AND GUM, SOY LECITHIN, CARRAGEENAN, STEVIA EXTRACT, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

COMPLEAT®

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



With
SpikeRight®
PLUS
Port & Safety System

Compleat® is the tube feeding formula with real food ingredients including chicken, carrots, peas, tomato, green beans, peaches and cranberry juice. This formula contains a blend of fibre and protein sources, and does not contain corn or soy. For tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Short or long term whole-protein tube feeding needs
- Convenient alternative to homemade tube feeding
- Nutrient-rich base for home blenderized tube feeding
- Bowel function

FEATURES AT-A-GLANCE:

Caloric density	1.06 Cal/ml
Protein	18%
Carbohydrate	48%
Fat	34%
Protein Source	milk protein, dried chicken meat, pea protein isolate
Carbohydrate Source	brown rice syrup, fruit and vegetable ingredient blend including: tomato paste, peach purée concentrate, dried green beans, dried green peas, dried carrots, cranberry juice concentrate
Fat Source	canola oil
Dietary Fibre	8 g/1000 ml
Fibre source	40% oligofructose, acacia gum, inulin; 60% vegetable fibre
n6:n3 ratio	3.0:1
Water content	830 ml/1000 ml
Osmolality	450 mOsm/kg water
Kosher	N
Gluten Free	Y
Lactose	<0.5 g lactose per 100 ml (not for patients with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1400 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12303988	24 x 250 ml Tetra Prisma®
12303987	6 x 1.0 L ULTRAPAK®

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	106	265
Energy	kJ	440	1110
Protein	g	4.8	12
Carbohydrate	g	13	33
Fibre	g	0.8	2
Fat	g	4	10
Linoleic Acid	g	0.52	1.3
Vitamin A	IU	360	900
Retinol	IU	200	500
Beta-Carotene	IU	160	400
Vitamin D	IU	56	140
Vitamin E	IU	3.2	8
Vitamin K	mg	0.01	0.025
Vitamin C	mg	24	60
Thiamine	mg	0.16	0.4
Riboflavin	mg	0.2	0.5
Niacin	mg	1.44	3.6
Pantothenic Acid	mg	1.2	3
Vitamin B6	mg	0.28	0.7
Biotin	mg	0.004	0.01
Folic Acid	mg	0.02	0.05
Vitamin B12	mg	0.0008	0.002
Choline	mg	44	110
Sodium	mg	100	250
Potassium	mg	156	390
Chloride	mg	88	220
Calcium	mg	88	220
Phosphorus	mg	84	210
Magnesium	mg	30	75
Iron	mg	1.3	3.2
Zinc	mg	2	5
Manganese	mg	0.32	0.8
Copper	mg	0.16	0.4
Iodine	mg	0.012	0.03
Selenium	mg	0.006	0.015
Molybdenum	mg	0.012	0.03
Chromium	mg	0.014	0.035
Taurine	mg	12	30
L-Carnitine	mg	12	30

INGREDIENTS: WATER, BROWN RICE SYRUP, MILK PROTEIN, CANOLA OIL, DRIED CHICKEN MEAT, TOMATO PASTE, PEACH PURÉE CONCENTRATE, PEA PROTEIN ISOLATE, DRIED GREEN BEANS, PEA FIBRE, DRIED GREEN PEAS, OLIGOFRUCTOSE, ACACIA GUM, DRIED CARROTS, CRANBERRY JUICE CONCENTRATE, INULIN, SALT, ROSEMARY EXTRACT, L-CARNITINE, TAURINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), MAGNESIUM STEARATE, ASCORBIC ACID, CITRIC ACID, POTASSIUM HYDRATE, DIMETHYLPOLYSILOXANE.

CONTAINS MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

COMPLEAT® 1.5

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



Compleat® 1.5 is a 1.5 Cal/ml, plant based, real food ingredients formula. It includes tomato, peaches, green beans, carrots and cranberry juice. The formula contains plant-based protein and a blend of fibre sources, and does not contain dairy, soy, or corn. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Convenient alternative to homemade blenderized tube feeding
- Fluid restrictions, shortened feeding schedules or volume intolerance
- Short or long-term tube feeding regimes

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	19%
Carbohydrate	39%
Fat	42%
Protein Source	hydrolyzed pea protein, L-cystine
Carbohydrate Source	brown rice syrup, fruit and vegetable ingredient blend including: tomato paste, peach purée concentrate, dried green beans, cranberry juice concentrate, dried carrots
Fat Source	MCT (coconut and/or palm kernel oil), canola oil, safflower or sunflower oil
Dietary Fibre	12 g/1000 ml
Fibre source	52% partially hydrolyzed guar gum, 48% vegetable fibre
n6:n3 ratio	7:1
MCT:LCT	40:60
Water content	760 ml/1000 ml
Osmolality	720 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	N
Meet DRI for 24 micronutrients (see page 130)	1000 ml

ORDERING INFORMATION

Item #	Product size
12421741	24 x 250 ml Tetra Prisma®

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1570
Protein	g	7.2	18
Carbohydrate	g	15.2	38
Fibre	g	1.2	3
Fat	g	7.2	18
Linoleic Acid	g	1.2	3
Vitamin A	IU	600	1500
Retinol	IU	307	767
Beta-Carotene	IU	293	733
Vitamin D	IU	80	200
Vitamin E	IU	3	7.5
Vitamin K	mg	0.012	0.031
Vitamin C	mg	30	75
Thiamine	mg	0.32	0.8
Riboflavin	mg	0.32	0.8
Niacin	mg	2	5
Pantothenic Acid	mg	1.6	4
Vitamin B6	mg	0.4	1
Biotin	mg	0.006	0.015
Folic Acid	mg	0.048	0.12
Vitamin B12	mg	0.0007	0.0018
Choline	mg	60	150
Sodium	mg	132	330
Potassium	mg	240	600
Chloride	mg	176	440
Calcium	mg	120	300
Phosphorus	mg	120	300
Magnesium	mg	42	105
Iron	mg	1.8	4.5
Zinc	mg	2	5
Manganese	mg	0.48	1.2
Copper	mg	0.2	0.5
Iodine	mg	0.016	0.04
Selenium	mg	0.008	0.02
Molybdenum	mg	0.015	0.038
Chromium	mg	0.012	0.03
Taurine	mg	16.8	42
L-Carnitine	mg	16.8	42

INGREDIENTS: WATER, BROWN RICE SYRUP, HYDROLYZED PEA PROTEIN, TOMATO PASTE, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), PEACH PURÉE CONCENTRATE, CANOLA OIL, SAFFLOWER OR SUNFLOWER OIL, PARTIALLY HYDROLYZED GUAR GUM, DRIED GREEN BEANS, CRANBERRY JUICE CONCENTRATE, DRIED CARROTS, L-CYSTINE, SALT, L-CARNITINE, TAURINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA TOCOPHERYL ACETATE, VITAMIN K, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), MAGNESIUM STEARATE, ASCORBIC ACID, CITRIC ACID, POTASSIUM HYDRATE, DIMETHYLPOLYSILOXANE.

CONTAINS MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

COMPLEAT® ORGANIC BLENDS

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



Compleat® Organic Blends is a 1.25 Cal/ml plant-based, real food ingredients formula. It contains a blend of organic whole foods, with plant-based protein sources and fibre from vegetables and fruit. This formula does not contain dairy, soy, or corn. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Short or long term whole-protein tube feeding needs
- Convenient alternative to homemade blenderized tube feeding

FEATURES AT-A-GLANCE:

Caloric density	1.25 Cal/ml
Protein	20%
Carbohydrate	44%
Fat	36%
Protein Source	organic hydrolyzed pea protein, organic rice protein concentrate, organic sweet potato purée, organic brown rice flour
Carbohydrate Source	organic sweet potato purée, organic pear purée, organic brown rice flour, organic blueberry purée, organic kale purée
Fat Source	organic extra virgin olive oil, organic canola oil
Dietary Fibre	20 g/1000 ml
Fibre Source	vegetables, fruit, grain (rice)
Water content	810 ml/1000 ml
Osmolality	780 mOsm/kg water
Kosher	N
Gluten Free	Y
Lactose Free	Y
Low Residue	N
Meets DRI for 25 micronutrients	1200 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12355985	24 x 300 ml Pouch

NUTRITIONAL INFORMATION

	Units	100 ml	300 ml
Energy	Cal	125	375
Energy	kJ	520	1570
Protein	g	6.3	19
Carbohydrate	g	13.7	41
Fibre	g	2	6
Fat	g	5	15
Linoleic Acid	g	0.9	2.7
Vitamin A	IU	1867	5600
Retinol	IU	133	400
Beta-Carotene	IU	1733	5200
Vitamin D	IU	67	200
Vitamin E	IU	2	6
Vitamin K	mg	0.01	0.03
Vitamin C	mg	16.7	50
Thiamine	mg	0.2	0.6
Riboflavin	mg	0.17	0.5
Niacin	mg	1.7	5
Pantothenic Acid	mg	0.67	2
Vitamin B6	mg	0.33	1
Biotin	mg	0.003	0.01
Folic Acid	mg	0.02	0.06
Vitamin B12	mg	0.0007	0.002
Choline	mg	50	150
Sodium	mg	127	380
Potassium	mg	167	500
Chloride	mg	107	320
Calcium	mg	110	330
Phosphorus	mg	110	330
Magnesium	mg	37	110
Iron	mg	1.7	5
Zinc	mg	1.7	5
Manganese	mg	0.33	1
Copper	mg	0.17	0.5
Iodine	mg	0.013	0.04
Selenium	mg	0.007	0.02
Molybdenum	mg	0.02	0.061
Chromium	mg	0.022	0.066
Taurine	mg	12	36
L-Carnitine	mg	12	36

INGREDIENTS: SWEET POTATO PURÉE*, WATER, PEAR PURÉE*, HYDROLYZED PEA PROTEIN*, BROWN RICE FLOUR*, EXTRA VIRGIN OLIVE OIL*, RICE PROTEIN CONCENTRATE*, CANOLA OIL*, BLUEBERRY PURÉE*, KALE PURÉE*, CINNAMON*, SALT, GINGER*, L-CARNITINE, TAURINE, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE BITARTRATE), **MINERALS** (SODIUM CITRATE, TRICALCIUM PHOSPHATE, MAGNESIUM CHLORIDE, FERROUS SULPHATE, ZINC SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM TRICHLORIDE), ASCORBIC ACID.

*ORGANIC.

FIBRE CHOICE® ASSORTED FRUITS

Fibre Choice® is a natural health product that provides a source of fibre for the maintenance of good health. Fibre Choice® helps your healthy habits by giving you an easy way to get the prebiotic fibre you want and more.



Fibre Choice® Assorted Fruits is a dietary fibre product that contains inulin, a naturally sourced prebiotic fibre. It is available in chewable tablets in assorted fruit flavours.

Fibre Choice® Assorted Fruits key benefits:

- Source of fibre for the maintenance of good health
- Helps support and maintain a healthy digestive system
- Helps stimulate the growth of healthy bacteria (such as *bifidobacteria*) in the intestine
- Helps provide gentle relief of constipation and irregularity

FOR THE NUTRITIONAL MANAGEMENT OF:

- Constipation and irregularity

FEATURES AT-A-GLANCE:

Dietary Fibre	2g/chewable tablet
Fibre Source	Inulin (<i>Cichorium intybus</i> L. - root [Chicory])
Low-residue	N
Kosher	N
Gluten Free	Y
Lactose Free	Y
Halal	N

ORDERING INFORMATION

Item #	Product size
12473917	Assorted fruit 24 x 90 ct (chewable tablet)

NUTRITIONAL INFORMATION

Medicinal Ingredient	Per Chewable Tablet	Maximum Daily Dose
Inulin (<i>Cichorium intybus</i> L. - root [Chicory])	2 g	12 g

DOSING INFORMATION

Adults chew 2 tablets up to 3 times per day. Start with 2 tablets once per day. Then increase the dose at steady intervals, preferably with a meal, to enable the microbiome to better adjust to the prebiotic benefits. If discomfort is felt, reduce the daily dose. Do not exceed 6 tablets per day.

NON-MEDICINAL INGREDIENTS

SORBITOL, CORN STARCH MODIFIED, CELLULOSE, DEXTROSE, CITRIC ACID, MAGNESIUM STEARATE, GRAPE FLAVOUR, GREEN APPLE FLAVOUR, STRAWBERRY FLAVOUR, FD&C RED NO. 40 ALUMINUM LAKE, FD&C BLUE NO. 1 ALUMINUM LAKE, FD&C BLUE NO. 2 ALUMINUM LAKE, FD&C YELLOW NO. 5 ALUMINUM LAKE.

CAUTIONS AND WARNINGS

Hypersensitivity has been known to occur. May cause mild gastro-intestinal discomfort such as gas, bloating, cramps. Consumers are instructed to consult a healthcare practitioner:

- If symptoms worsen or if laxative effect does not occur within seven days
- Prior to use if taking medications which inhibit peristaltic movement, if experiencing symptoms such as abdominal pain, nausea, vomiting or fever, or if experiencing a sudden change in bowel habits that have persisted for more than 2 weeks, undiagnosed rectal bleeding, or have failed to defecate following the use of a laxative product

FIBRE CHOICE® BONE HEALTH

Fibre Choice® is a natural health product that provides a source of fibre for the maintenance of good health. Fibre Choice® helps your healthy habits by giving you an easy way to get the prebiotic fibre you want and more.



Fibre Choice® Bone Health is a dietary fibre product that contains inulin, a naturally sourced prebiotic fibre, plus the added benefits of vitamin D and calcium. It is available in chewable tablets in assorted fruit flavours.

Fibre Choice® Bone Health key benefits:

- Source of fibre for the maintenance of good health
- Helps support a healthy digestive system
- Helps stimulate the growth of healthy bacteria in the digestive system
- Helps provide gentle relief of constipation and irregularity

Fibre Choice® Bone Health contains vitamin D, which:

- Helps in the absorption and use of calcium and phosphorous
- Helps in the development and maintenance of bones and teeth
- Helps to build strong bones and teeth
- Helps to maintain immune function

Fibre Choice® Bone Health contains calcium that:

- Helps to maintain normal muscle function
- Helps in the development and maintenance of bones and teeth
- Is an electrolyte for the maintenance of good health

FOR THE NUTRITIONAL MANAGEMENT OF:

- Constipation and irregularity
- Inadequate Vitamin D and Calcium intake

FEATURES AT-A-GLANCE:

Dietary Fibre	2g/chewable tablet
Fibre Source	Inulin (<i>Cichorium intybus</i> L. - root [Chicory])
Low-residue	N
Micronutrients	
Calcium	250 mg/chewable tablet
Vitamin D	2.5 µg/chewable tablet
Kosher	N
Gluten Free	Y
Lactose Free	Y
Halal	N

ORDERING INFORMATION

Item #	Product size
12473913	Assorted Berry
	24 x 90 ct (chewable tablet)

NUTRITIONAL INFORMATION

Medicinal Ingredient	Per Chewable Tablet	Maximum Daily Dose
Inulin (<i>Cichorium intybus</i> L. - root [Chicory])	2 g	12 g
Calcium	250 mg	1500 mg
Vitamin D	2.5 µg	15 µg

DOSING INFORMATION

Adults chew 2 tablets, 2 to 3 times per day. Start with 2 tablets twice per day. Then increase the dose at steady intervals, preferably with a meal, to enable the microbiome to better adjust to the prebiotic benefits. If discomfort is felt, reduce the daily dose. Do not exceed 6 tablets per day. Take a few hours before or after taking other medications or natural health products.

NON-MEDICINAL INGREDIENTS

SORBITOL, CITRIC ACID, MAGNESIUM STEARATE, CHERRY FLAVOUR, STRAWBERRY FLAVOUR, WILDBERRY FLAVOUR, FD&C RED NO. 40 ALUMINUM LAKE, FD&C BLUE NO. 2 ALUMINUM LAKE.

CAUTIONS AND WARNINGS

Hypersensitivity has been known to occur. May cause mild gastro-intestinal discomfort such as gas, bloating, cramps. Consumers are instructed to consult a healthcare practitioner:

- To determine appropriate supplementation levels
- If symptoms worsen or if laxative effect does not occur within seven days
- Prior to use if taking medications which inhibit peristaltic movement, if experiencing symptoms such as abdominal pain, nausea, vomiting or fever, or if experiencing a sudden change in bowel habits that have persisted for more than 2 weeks, undiagnosed rectal bleeding, or have failed to defecate following the use of a laxative product

For adults over 50 years old taking 4 tablets per day, Kidney stone formation has been known to occur with this daily quantity of calcium.

IBGARD®

IBgard® is a natural health product specifically designed to help relieve Irritable Bowel Syndrome (IBS) symptoms.



IBgard® capsules contain individually triple-coated, sustained-release microspheres of Ultramen®, an ultra-purified peppermint oil.

IBGARD® KEY BENEFITS

IBgard® helps relieve symptoms associated with IBS including:

- Abdominal pain and discomfort
- Abdominal bloating and distension
- Urgency of bowel movement

IBgard® helps relieve the intensity of symptoms of IBS within 24 hours.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Irritable Bowel Syndrome

FEATURES AT-A-GLANCE:

Kosher	N
Gluten Free	Y
Lactose Free	Y
Halal	N

ORDERING INFORMATION

Item #	Product size
12474124	24 x 48 ct (capsules)
12474123	24 x 12 ct (capsules)

NUTRITIONAL INFORMATION

Medicinal Ingredient	Per Capsule	Maximum Daily Dose
Peppermint oil (<i>Mentha x piperita</i> , leaf - standardized to 45% L-Menthol)	100 µL (90 mg)	600 µL (540 mg)

DOSING INFORMATION

Adults take 2 capsules 3 times daily, 30-90 minutes before each meal, with approximately 240 ml (1 cup) of water.

NON-MEDICINAL INGREDIENTS

MICROCRYSTALLINE CELLULOSE, GELATIN, METHACRYLIC ACID COPOLYMER, HYPROMELLOSE, TRIETHYL CITRATE, POLYSORBATE 80, WATER, GLYCERYL MONOSTEARATE, FD&C YELLOW NO. 5 ALUMINUM LAKE, FD&C GREEN NO. 3.

CAUTIONS AND WARNINGS

Hypersensitivity (e.g. allergy) has been known to occur; in which case, discontinue use. Consumers are instructed to consult a healthcare practitioner:

- If symptoms persist or worsen
- Prior to use if pregnant or breastfeeding, or if they have anaemia, gallstones, hiatus hernia or gastroesophageal reflux

ISOSOURCE® 1.0 HP

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



Isosource® 1.0 HP is a 1.0 Cal/ml, high protein formula with 25% of calories from protein. This formula does not contain fibre or soy ingredients. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Increased protein requirements
- Recovery from illness, surgery, and burns
- Pressure ulcers
- Fibre restriction/contraindication

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	25%
Carbohydrate	45%
Fat	30%
Protein Source	modified milk ingredients (sodium and calcium caseinate)
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	830 ml/1000 ml
Osmolality	330 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1500 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12293881	24 x 250 ml Tetra Prisma®
12293882	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	6.4	16
Carbohydrate	g	11.2	28
Fat	g	3.4	8.5
Linoleic Acid	g	0.5	1.3
Vitamin A	IU	348	870
Retinol	IU	174	435
Beta-Carotene	IU	174	435
Vitamin D	IU	40	100
Vitamin E	IU	3	7.5
Vitamin K	mg	0.008	0.02
Vitamin C	mg	20	50
Thiamine	mg	0.16	0.4
Riboflavin	mg	0.2	0.5
Niacin	mg	1.2	3
Pantothenic Acid	mg	1.2	3
Vitamin B ₆	mg	0.28	0.7
Biotin	mg	0.004	0.01
Folic Acid	mg	0.034	0.085
Vitamin B ₁₂	mg	0.0005	0.0012
Choline	mg	40	100
Sodium	mg	88	220
Potassium	mg	160	400
Chloride	mg	90	225
Calcium	mg	80	200
Phosphorus	mg	80	200
Magnesium	mg	28	70
Iron	mg	1.4	3.5
Zinc	mg	1.6	4
Manganese	mg	0.36	0.9
Copper	mg	0.16	0.4
Iodine	mg	0.01	0.025
Selenium	mg	0.007	0.017
Molybdenum	mg	0.01	0.025
Chromium	mg	0.01	0.025
Taurine	mg	10	25
L-Carnitine	mg	10	25

INGREDIENTS: WATER, CORN SYRUP, MODIFIED MILK INGREDIENTS, CORN MALTODEXTRIN, CANOLA OIL, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, CALCIUM CITRATE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS MILK.

ISOSOURCE® FIBRE 1.0 HP

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



With
SpikeRight®
PLUS
Port & Safety System

Isosource® Fibre 1.0 HP is a 1.0 Cal/ml, high protein formula with 25% of calories from protein. This formula also contains IS50™, a unique blend of soluble and insoluble fibres. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Increased protein requirements
- Recovery from illness, surgery, and burns
- Pressure ulcers
- Bowel function

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	25%
Carbohydrate	45%
Fat	30%
Protein Source	soy protein isolate, modified milk ingredients (sodium and calcium caseinate)
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
Dietary Fibre	15.2 g/1000 ml
Fibre Source	50% pea fibre and 50% oligofructose, inulin, and acacia gum
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	840 ml/1000 ml
Osmolality	300 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1500 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12293883	24 x 250 ml Tetra Prisma®
12293884	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	6.4	16
Carbohydrate	g	12.4	31
Fibre	g	1.5	3.8
Fat	g	3.4	8.5
Linoleic Acid	g	0.5	1.3
Vitamin A	IU	348	870
Retinol	IU	174	435
Beta-Carotene	IU	174	435
Vitamin D	IU	40	100
Vitamin E	IU	3	7.5
Vitamin K	mg	0.008	0.02
Vitamin C	mg	20	50
Thiamine	mg	0.16	0.4
Riboflavin	mg	0.2	0.5
Niacin	mg	1.2	3
Pantothenic Acid	mg	1.2	3
Vitamin B6	mg	0.28	0.7
Biotin	mg	0.004	0.01
Folic Acid	mg	0.034	0.085
Vitamin B12	mg	0.0005	0.0012
Choline	mg	40	100
Sodium	mg	88	220
Potassium	mg	160	400
Chloride	mg	70	175
Calcium	mg	80	200
Phosphorus	mg	80	200
Magnesium	mg	28	70
Iron	mg	1.6	4
Zinc	mg	1.6	4
Manganese	mg	0.36	0.9
Copper	mg	0.16	0.4
Iodine	mg	0.01	0.025
Selenium	mg	0.006	0.015
Molybdenum	mg	0.014	0.035
Chromium	mg	0.01	0.025
Taurine	mg	10	25
L-Carnitine	mg	10	25

INGREDIENTS: WATER, CORN SYRUP, SOY PROTEIN ISOLATE, CORN MALTODEXTRIN, CANOLA OIL, MODIFIED MILK INGREDIENTS, PEA FIBRE, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), ACACIA GUM, OLIGOFRUCTOSE, INULIN, SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, CALCIUM CITRATE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS SOY AND MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

ISOSOURCE® 1.2

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



With
SpikeRight®
PLUS
Port & Safety System

Isosource® 1.2 is a 1.2 Cal/ml, whole-protein formula with 18% of calories from protein. This formula does not contain fibre. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Elevated calorie needs
- Fibre restriction/contraindication

FEATURES AT-A-GLANCE:

Caloric density	1.2 Cal/ml
Protein	18%
Carbohydrate	53%
Fat	29%
Protein Source	soy protein isolate, modified milk ingredients (sodium and calcium caseinate)
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	810 ml/1000 ml
Osmolality	510 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1250 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12293885	24 x 250 ml Tetra Prisma®
12293886	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	120	300
Energy	kJ	500	1250
Protein	g	5.4	13.5
Carbohydrate	g	15.6	39
Fat	g	4	10
Linoleic Acid	g	0.6	1.5
Vitamin A	IU	424	1060
Retinol	IU	212	530
Beta-Carotene	IU	212	530
Vitamin D	IU	52	130
Vitamin E	IU	3.6	9
Vitamin K	mg	0.0096	0.024
Vitamin C	mg	24	60
Thiamine	mg	0.25	0.63
Riboflavin	mg	0.24	0.6
Niacin	mg	1.6	4
Pantothenic Acid	mg	1.4	3.5
Vitamin B6	mg	0.32	0.8
Biotin	mg	0.0048	0.012
Folic Acid	mg	0.04	0.1
Vitamin B12	mg	0.0006	0.0015
Choline	mg	48	120
Sodium	mg	112	280
Potassium	mg	192	480
Chloride	mg	140	350
Calcium	mg	96	240
Phosphorus	mg	96	240
Magnesium	mg	34	85
Iron	mg	1.4	3.6
Zinc	mg	1.6	4
Manganese	mg	0.36	0.9
Copper	mg	0.16	0.4
Iodine	mg	0.012	0.03
Selenium	mg	0.0064	0.016
Molybdenum	mg	0.012	0.03
Chromium	mg	0.01	0.025
Taurine	mg	12	30
L-Carnitine	mg	12	30

INGREDIENTS: WATER, CORN SYRUP, SOY PROTEIN ISOLATE, CANOLA OIL, MODIFIED MILK INGREDIENTS, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CORN MALTODEXTRIN, SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS SOY AND MILK.

ISOSOURCE® FIBRE 1.2

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



Isosource® Fibre 1.2 is a 1.2 Cal/ml, whole-protein formula with 18% of calories from protein. This formula also contains a unique blend of soluble and insoluble fibres. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Elevated calorie needs
- Bowel function

FEATURES AT-A-GLANCE:

Caloric density	1.2 Cal/ml
Protein	18%
Carbohydrate	53%
Fat	29%
Protein Source	soy protein isolate, modified milk ingredients (sodium and calcium caseinate)
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
Dietary Fibre	15.2 g/1000 ml
Fibre Source	50% pea fibre and 50% oligofructose, inulin
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	804 ml/1000 ml
Osmolality	480 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1250 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12433293	24 x 250 ml Tetra Prisma®
12433302	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	120	300
Energy	kJ	500	1250
Protein	g	5.4	13.5
Carbohydrate	g	16.4	41
Fibre	g	1.5	3.8
Fat	g	4	10
Linoleic Acid	g	0.6	1.5
Vitamin A	IU	426	1066
Retinol	IU	213	533
Beta-Carotene	IU	213	533
Vitamin D	IU	48	120
Vitamin E	IU	3.6	9
Vitamin K	mg	0.0096	0.024
Vitamin C	mg	24	60
Thiamine	mg	0.2	0.5
Riboflavin	mg	0.24	0.6
Niacin	mg	1.6	4
Pantothenic Acid	mg	1.28	3.2
Vitamin B6	mg	0.32	0.8
Biotin	mg	0.005	0.012
Folic Acid	mg	0.04	0.1
Vitamin B12	mg	0.0006	0.0014
Choline	mg	48	120
Sodium	mg	112	280
Potassium	mg	192	480
Chloride	mg	130	325
Calcium	mg	96	240
Phosphorus	mg	96	240
Magnesium	mg	33.6	84
Iron	mg	1.4	3.6
Zinc	mg	1.6	4
Manganese	mg	0.37	0.93
Copper	mg	0.16	0.4
Iodine	mg	0.012	0.03
Selenium	mg	0.006	0.016
Molybdenum	mg	0.012	0.03
Chromium	mg	0.0096	0.024
Taurine	mg	12	30
L-Carnitine	mg	12	30

INGREDIENTS: WATER, CORN SYRUP, SOY PROTEIN ISOLATE, CANOLA OIL, MODIFIED MILK INGREDIENTS, PEA FIBRE, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), OLIGOFRUCTOSE, INULIN, CORN MALTODEXTRIN, SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS SOY AND MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 59

ISOSOURCE® 1.5

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



Isosource® 1.5 is a 1.5 Cal/ml, whole-protein formula with 18% of calories from protein. This formula does not contain fibre. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Elevated calorie needs
- Volume intolerance
- Shortened feeding schedule
- Fluid restriction
- Fibre restriction/contraindication

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	18%
Carbohydrate	47%
Fat	35%
Protein Source	soy protein isolate, modified milk ingredients (sodium and calcium caseinate)
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	760 ml/1000 ml
Osmolality	530 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12293889	24 x 250 ml Tetra Prisma®
12293869	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1575
Protein	g	6.8	17
Carbohydrate	g	17.6	44
Fat	g	6	15
Linoleic Acid	g	0.9	2.3
Vitamin A	IU	520	1300
Retinol	IU	260	650
Beta-Carotene	IU	260	650
Vitamin D	IU	64	160
Vitamin E	IU	4.8	12
Vitamin K	mg	0.012	0.03
Vitamin C	mg	30	75
Thiamine	mg	0.32	0.8
Riboflavin	mg	0.32	0.8
Niacin	mg	2	5
Pantothenic Acid	mg	1.6	4
Vitamin B6	mg	0.4	1
Biotin	mg	0.006	0.015
Folic Acid	mg	0.048	0.12
Vitamin B12	mg	0.0007	0.0018
Choline	mg	60	150
Sodium	mg	130	325
Potassium	mg	240	600
Chloride	mg	160	400
Calcium	mg	120	300
Phosphorus	mg	120	300
Magnesium	mg	42	105
Iron	mg	1.8	4.5
Zinc	mg	2	5
Manganese	mg	0.48	1.2
Copper	mg	0.2	0.5
Iodine	mg	0.016	0.04
Selenium	mg	0.008	0.02
Molybdenum	mg	0.016	0.04
Chromium	mg	0.012	0.03
Taurine	mg	16	40
L-Carnitine	mg	16	40

INGREDIENTS: WATER, CORN SYRUP, CORN MALTODEXTRIN, CANOLA OIL, SOY PROTEIN ISOLATE, MODIFIED MILK INGREDIENTS, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS SOY AND MILK.

ISOSOURCE® FIBRE 1.5

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



Isosource® Fibre 1.5 is a 1.5 Cal/ml, whole-protein formula with 18% of calories from protein. This formula also contains a unique blend of soluble and insoluble fibres. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Elevated calorie needs
- Volume intolerance
- Shortened feeding schedules
- Fluid restriction
- Bowel function

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	18%
Carbohydrate	47%
Fat	35%
Protein Source	modified milk ingredients (sodium and calcium caseinate), soy protein isolate
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
Dietary Fibre	15.2 g/1000 ml
Fibre Source	50% pea fibre and 50% oligofructose, inulin
n6:n3 ratio	2.4:1
MCT:LCT	20:80
Water content	765 ml/1000 ml
Osmolality	650 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12433303	24 x 250 ml Tetra Prisma®
12433286	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Tetra Prisma®	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1570
Protein	g	7	17
Carbohydrate	g	18	45
Fibre	g	1.5	3.8
Fat	g	6	15
Linoleic Acid	g	0.65	1.6
Vitamin A	IU	500	1250
Retinol	IU	250	625
Beta-Carotene	IU	250	625
Vitamin D	IU	66	165
Vitamin E	IU	4.5	11
Vitamin K	mg	0.013	0.031
Vitamin C	mg	30	75
Thiamine	mg	0.28	0.7
Riboflavin	mg	0.33	0.83
Niacin	mg	2.1	5.4
Pantothenic Acid	mg	1.9	4.7
Vitamin B6	mg	0.49	1.2
Biotin	mg	0.0068	0.017
Folic Acid	mg	0.055	0.138
Vitamin B12	mg	0.0007	0.0018
Choline	mg	60	150
Sodium	mg	130	325
Potassium	mg	240	600
Chloride	mg	176	440
Calcium	mg	120	300
Phosphorus	mg	120	300
Magnesium	mg	42	105
Iron	mg	1.8	4.5
Zinc	mg	2	5
Manganese	mg	0.46	1.2
Copper	mg	0.2	0.5
Iodine	mg	0.015	0.038
Selenium	mg	0.008	0.02
Molybdenum	mg	0.015	0.038
Chromium	mg	0.012	0.03
Taurine	mg	16.8	42
L-Carnitine	mg	16.8	42

INGREDIENTS: WATER, CORN SYRUP, CANOLA OIL, MODIFIED MILK INGREDIENTS, SOY PROTEIN ISOLATE, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), PEA FIBRE, OLIGOFRUCTOSE, INULIN, SALT, CORN MALTODEXTRIN, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, CARRAGEENAN, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 63

ISOSOURCE® 2.0

The Isosource® family of products offers an extensive line of whole-protein, nutritionally complete formulas.



With
SpikeRight®
PLUS
Port & Safety System

Isosource® 2.0 is a 2.0 Cal/ml, whole-protein formula with 16% of calories from protein. This formula does not contain fibre. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Standard, whole-protein tube feeding needs
- Fluid restriction
- Elevated calorie needs
- Fibre restriction/contraindication

FEATURES AT-A-GLANCE:

Caloric density	2.0 Cal/ml
Protein	16%
Carbohydrate	43%
Fat	41%
Protein Source	modified milk ingredients (sodium and calcium caseinate), soy protein isolate
Carbohydrate Source	corn syrup, corn maltodextrin
Fat Source	MCT (coconut and/or palm kernel oil), canola oil
n6:n3 ratio	2.4:1
MCT:LCT	50:50
Water content	690 ml/1000 ml
Osmolality	780 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	750 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12293876	6 x 1.0 L ULTRAPAK®

NUTRITIONAL INFORMATION

ULTRAPAK®	Units	100 ml	1000 ml
Energy	Cal	200	2000
Energy	kJ	850	8504
Protein	g	8.4	84
Carbohydrate	g	21.6	216
Fat	g	9.2	92
Linoleic Acid	g	0.9	9
Vitamin A	IU	692	6920
Retinol	IU	346	3460
Beta-Carotene	IU	346	3460
Vitamin D	IU	80	800
Vitamin E	IU	6	60
Vitamin K	mg	0.016	0.16
Vitamin C	mg	40	400
Thiamine	mg	0.32	3.2
Riboflavin	mg	0.4	4
Niacin	mg	2.4	24
Pantothenic Acid	mg	2	20
Vitamin B6	mg	0.52	5.2
Biotin	mg	0.008	0.08
Folic Acid	mg	0.06	0.64
Vitamin B12	mg	0.0009	0.009
Choline	mg	80	800
Sodium	mg	150	1500
Potassium	mg	210	2100
Chloride	mg	150	1500
Calcium	mg	160	1600
Phosphorus	mg	148	1480
Magnesium	mg	56	560
Iron	mg	2.4	24
Zinc	mg	2.4	24
Manganese	mg	0.6	6
Copper	mg	0.24	2.4
Iodine	mg	0.02	0.2
Selenium	mg	0.01	0.1
Molybdenum	mg	0.02	0.2
Chromium	mg	0.01	0.1
Taurine	mg	20	200
L-Carnitine	mg	20	200

INGREDIENTS: WATER, CORN SYRUP, MODIFIED MILK INGREDIENTS, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CANOLA OIL, SOY PROTEIN ISOLATE, CORN MALTODEXTRIN, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

MEDIUM CHAIN TRIGLYCERIDES (MCT OIL)



MCT Oil is a modular Medium Chain Triglyceride (MCT) source for patients who poorly digest or absorb conventional fats.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Defect in the intraluminal hydrolysis of fat (decreased pancreatic lipase, decreased bile salts)
- Defective mucosal fat absorption (decreased mucosal permeability, decreased absorptive surface)
- Defective lymphatic transport of fat (i.e. intestinal lymphatic obstruction)
- Ketogenic Diet

FEATURES AT-A-GLANCE:

Caloric density	7.7 Cal/ml
Protein	0%
Carbohydrate	0%
Fat	100%
Fat Source	MCT (modified coconut and/or palm kernel oil)
Water content	0%
Kosher	Y
Gluten Free	Y
Lactose Free	Y

ORDERING INFORMATION

Item #	Product size
9521498	6 x 946 ml bottles

NUTRITIONAL INFORMATION

	15 ml (14 g)*	% Daily Value
Calories	120	
Fat	14 g	22 %
Saturated	14 g	70 %
+ Trans	0 g	
Carbohydrate	0 g	0 %
Protein	0 g	

Not a significant source of cholesterol, sodium, fibre, sugars, vitamin A, vitamin C, calcium or iron.

Not designed as a sole source of nutrition.

* 1 Tbsp

INGREDIENTS: MODIFIED COCONUT AND/OR PALM KERNEL OIL (MEDIUM CHAIN TRIGLYCERIDES).

MICROLIPID®



Microlipid® is a modular 50% fat emulsion for use in oral and tube-feeding formulas.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Increased caloric requirements
- Decreased carbohydrate tolerance
- Fluid or volume restriction
- Ketogenic Diet

FEATURES AT-A-GLANCE:

Caloric density	4.5 Cal/ml
Protein	0%
Carbohydrate	0%
Fat	100%
Fat Source	safflower oil
Water content	450 ml/1000 ml
Kosher	Y
Gluten Free	Y
Lactose Free	Y

ORDERING INFORMATION

Item #	Product size
9519922	48 x 89 ml bottles

NUTRITIONAL INFORMATION

	Units	1 Tbsp (15 ml)
Calories	kcal	67.5
Total Fat	g	7.5
Saturated Fat	g	0.75
Trans Fat	g	0
Polyunsaturated Fat	g	5.6
Monounsaturated Fat	g	1.1

Fatty Acid Distribution (% of Total Fat)

Saturated Fat	10%
Polyunsaturated Fat	75%
Monounsaturated Fat	15%
P/S Ratio	7.5:1

Not intended as a sole source of nutrition.

Safflower oil emulsion – providing 5.6 grams of polyunsaturated fat per 15 ml serving. 50% fat emulsion mixes easily and stays mixed with enteral formulas, beverages and food.

INGREDIENTS: SAFFLOWER OIL, WATER, POLYGLYCEROL ESTERS OF FATTY ACIDS, SOY LECITHIN, XANTHAN GUM, ASCORBIC ACID.

CONTAINS SOY.

Microlipid® is a registered trade mark of Covidien AG and is used under licence.

NOVASOURCE® RENAL



With
SpikeRight®
PLUS
Port & Safety System

**NEW PACKAGING COMING
SPRING/SUMMER 2021
(237ml ONLY)**

Novasource® Renal is a delicious, 2.0 Cal/ml formula with 21.6 g of protein per 237 ml serving and lower potassium and phosphorus levels for patients with renal impairment. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Acute renal failure
- Chronic renal failure
- Electrolyte restriction
- Fluid restriction

FEATURES AT-A-GLANCE:

Caloric density	2.0 Cal/ml
Protein	18%
Carbohydrate	37%
Fat	45%
Protein Source	sodium and calcium caseinates (milk), soy protein isolate
Carbohydrate Source	corn syrup, sugar
Fat Source	canola oil
n6:n3 ratio	2.2:1
Water content	717 ml/1000 ml
Osmolality	800 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 20 micronutrients	1000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12142257	27 x 237 ml Tetra Brik® vanilla
12173786	6 x 1.0 L ULTRAPAK® vanilla

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	237 ml
Protein	g	9.1	21.6
Fat	g	10	23.7
Linoleic Acid	g	1.8	4.2
Carbohydrate	g	18.5	43.8
Energy	Cal	200	475
Energy	kJ	838	1987
Vitamin A*	IU	300	712
Vitamin D	IU	40	94.8
Vitamin E	IU	3	7.2
Thiamine	mg	0.17	0.39
Riboflavin	mg	0.36	0.86
Vitamin B6	mg	0.85	2
Niacin	mg	2	4.8
Vitamin C	mg	6	14
Vitamin B12	mg	0.0006	0.0015
Folic Acid	mg	0.1	0.24
Pantothenic Acid	mg	1.1	2.5
Biotin	mg	0.005	0.012
Vitamin K	mg	0.008	0.019
Iron	mg	1.8	4.3
Calcium	mg	84.4	200
Phosphorus	mg	83.5	198
Sodium	mg	95	225
Potassium	mg	95	225
Chloride	mg	80	190
Magnesium	mg	19.8	47
Iodine	mg	0.015	0.036
Copper	mg	0.22	0.52
Manganese	mg	0.42	1
Zinc	mg	2.2	5.2
Choline	mg	55	130
Selenium	mg	0.011	0.026
Chromium	mg	0.012	0.028
Molybdenum	mg	0.0076	0.018
L-Carnitine	mg	26.4	62.6
Taurine	mg	15	35.5

* 50% as Beta-carotene

INGREDIENTS: WATER, CORN SYRUP, CANOLA OIL, SODIUM CASEINATE, CALCIUM CASEINATE, SOY PROTEIN ISOLATE, SUGAR, ARTIFICIAL FLAVOUR, SOY LECITHIN, MICROCRYSTALLINE CELLULOSE, SODIUM CARBOXYMETHYLCELLULOSE, L-CARNITINE, POTASSIUM CITRATE, CITRIC ACID, TAURINE.
VITAMINS AND MINERALS: VITAMIN A PALMITATE, BETA-CAROTENE, CHOLECALCIFEROL, DL-ALPHA-TOCOPHERYL ACETATE, ASCORBIC ACID, FOLIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NICOTINAMIDE, PYRIDOXINE HYDROCHLORIDE, CYANOCOBALAMIN, BIOTIN, D-CALCIUM PANTOTHENATE, VITAMIN K₁ (PHYTOMENADIONE), POTASSIUM IODIDE, FERROUS SULPHATE, COPPER GLUCONATE, MANGANESE SULPHATE, ZINC SULPHATE, CHROMIUM TRICHLORIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CALCIUM CARBONATE, CHOLINE CHLORIDE, SODIUM CHLORIDE, MAGNESIUM OXIDE, VITAMIN C (ASCORBIC ACID), POTASSIUM CHLORIDE.

OPTIFAST® 900

Optifast® is a comprehensive, evidence-based medically supervised weight management program that combines a nutritionally complete meal replacement with behavioural modification.



Meal replacement for weight reduction. For oral use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Weight reduction in obesity
- Weight reduction prior to bariatric surgery

FEATURES AT-A-GLANCE:

Caloric density	0.7 Cal/ml
Protein	40%
Carbohydrate	30%
Fat	30%
Protein Source	milk protein isolate and sodium caseinate
Carbohydrate Source	corn maltodextrin
Fat Source	high oleic sunflower oil and canola oil
Dietary Fibre	4g/340 ml serving
Fibre Source	59% oligofructose/inulin 41% acacia gum
Sucralose	31 mg/340 ml serving (vanilla) 45 mg/340ml serving (chocolate)
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	N

ORDERING INFORMATION

Item #	Product size
12364087	8 (14 x 54 g) vanilla packets
12364086	8 (14 x 54 g) chocolate packets

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	340 ml** (54 g packet)
Energy	Cal (kJ)	225 (940)
Protein	g	22.5
Fat	g	7.5
Linoleic Acid	g	1
Linolenic Acid	g	0.25
Saturates	g	0.8
Carbohydrate	g	18.8
Fibre	g	4
Sugar	g	0.6
Sucralose	mg	31
Sodium	mg	450
Potassium	mg	565
Chloride	mg	415
Manganese	mg	1.1
Copper	mg	0.55
Selenium	mg	0.014
Molybdenum	mg	0.022
Chromium	mg	0.011
Biotin	mg	0.025
Choline	mg	25
Calcium	%	25
Phosphorus	%	25
Magnesium	%	42
Iron	%	25
Zinc	%	39
Iodide	%	31
Vitamin A	%	37
Vitamin D	%	25
Vitamin E	%	25
Vitamin C	%	33
Thiamine	%	26
Riboflavin	%	29
Niacin	%	42
Pantothenic Acid	%	26
Vitamin B6	%	28
Folacin	%	33
Vitamin B12	%	25

** Each 54 g packet mixed with 300 ml of water yields 340 ml of prepared formula.

INGREDIENTS: MILK PROTEIN ISOLATE, CORN MALTODEXTRIN, HIGH OLEIC SUNFLOWER OIL, CANOLA OIL, ACACIA GUM, OLIGOFRUCTOSE, INULIN, SALT, SODIUM CASEINATE, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM D-PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CHOLINE BITARTRATE), **MINERALS** (DIPOTASSIUM PHOSPHATE, POTASSIUM CITRATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER GLUCONATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), MONO- AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVOUR, SUCRALOSE, STEVIA EXTRACT.

CONTAINS MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 73

PEPTAMEN® 1.0

The Peptamen® family of products is designed for absorption and tolerance, and is supported by 25+ years of clinical experience and evidence.



Peptamen® 1.0 is a 1.0 Cal/ml, peptide-based 100% whey protein, 70% MCT formula that supports feeding tolerance. For tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- GI impairment:
 - Malabsorption
 - Delayed gastric emptying
 - Diarrhea
 - Short-bowel syndrome
 - Cystic fibrosis
 - Pancreatitis
- Early enteral feeding
- Transition from or dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	16%
Carbohydrate	50%
Fat	34%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, corn starch
Fat Source	MCT (coconut and/or palm kernel oil), soybean oil
n6:n3 ratio	7.4:1
MCT:LCT	70:30
Water content	850 ml/1000 ml
Osmolality	270 mOsm/kg water - unflavoured
Kosher	Y
Gluten Free	Y
Lactose Free	<0.5 g/100 ml (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1500 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12408911	24 x 250 ml Tetra Prisma® unflavoured

NUTRITIONAL INFORMATION

Unflavoured	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	4	10
Carbohydrate	g	12.8	32
Fat	g	4	10
Linoleic Acid	g	0.37	0.92
Vitamin A	IU	430	1075
Retinol	IU	264	660
Beta-Carotene	IU	166	415
Vitamin D	IU	53.2	133
Vitamin E	IU	3	7.5
Vitamin K	mg	0.008	0.02
Vitamin C	mg	12	30
Thiamine	mg	0.2	0.5
Riboflavin	mg	0.2	0.5
Niacin	mg	2.2	5.5
Pantothenic Acid	mg	0.48	1.2
Vitamin B6	mg	0.24	0.6
Biotin	mg	0.003	0.008
Folic Acid	mg	0.02	0.05
Vitamin B12	mg	0.0008	0.002
Choline	mg	48	120
Sodium	mg	48	120
Potassium	mg	160	400
Chloride	mg	100	250
Calcium	mg	80	200
Phosphorus	mg	70	175
Magnesium	mg	30	75
Iron	mg	1.6	4
Zinc	mg	1.4	3.5
Manganese	mg	0.28	0.7
Copper	mg	0.2	0.5
Iodine	mg	0.014	0.035
Selenium	mg	0.008	0.02
Molybdenum	mg	0.01	0.025
Chromium	mg	0.005	0.012
Taurine	mg	10	25
L-Carnitine	mg	10	25

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CORN STARCH, SOYBEAN OIL, L-CARNITINE, TAURINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, PROTEASE, CITRIC ACID, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 75

PEPTAMEN® 1.0 WITH PREBIO™

The Peptamen® family of products is designed for absorption and tolerance, and is supported by 25+ years of clinical experience and evidence.



Peptamen® 1.0 with Prebio™ is a 1.0 Cal/ml, peptide-based, 100% whey protein, 70% MCT formula that supports feeding tolerance. Includes Prebio™, a unique blend of dietary fibres. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- GI impairment:
 - Malabsorption
 - Delayed gastric emptying
 - Diarrhea
 - Short-bowel syndrome
 - Cystic fibrosis
 - Pancreatitis
- Bowel function
- Early enteral feeding
- Transition from or dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	16%
Carbohydrate	50%
Fat	34%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, corn starch, sugar (vanilla)
Fat Source	MCT (coconut and/or palm kernel oil), soybean oil
Dietary Fibre	4 g/1000 ml
Fibre Source	100% Prebio™ (oligofructose/inulin)
Sucralose	120 mg/1000 ml (vanilla)
n6:n3 ratio	7.4:1
MCT:LCT	70:30
Water content	850 ml/1000 ml
Osmolality	300 mOsm/kg water - ULTRAPAK® 310 mOsm/kg water - Tetra Prisma®
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/100 ml (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1500 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12408879	24 x 250 ml Tetra Prisma® vanilla
12321227	4 x 1.5 L ULTRAPAK®

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	4	10
Carbohydrate	g	12.8	32
Fibre	g	0.4	1
Sugars	g	2.2	5.5
Fat	g	4	10
Linoleic Acid	g	0.37	0.93
Vitamin A	IU	430	1075
Retinol	IU	264	660
Beta-Carotene	IU	166	415
Vitamin D	IU	53	133
Vitamin E	IU	3	7.5
Vitamin K	mg	0.008	0.02
Vitamin C	mg	12	30
Thiamine	mg	0.2	0.5
Riboflavin	mg	0.2	0.5
Niacin	mg	2.2	5.5
Pantothenic Acid	mg	0.48	1.2
Vitamin B6	mg	0.24	0.6
Biotin	mg	0.0032	0.008
Folic Acid	mg	0.02	0.05
Vitamin B12	mg	0.0008	0.002
Choline	mg	48	120
Sodium	mg	48	120
Potassium	mg	160	400
Chloride	mg	100	250
Calcium	mg	80	200
Phosphorus	mg	70	175
Magnesium	mg	30	75
Iron	mg	1.6	4
Zinc	mg	1.4	3.5
Manganese	mg	0.28	0.7
Copper	mg	0.2	0.5
Iodine	mg	0.014	0.035
Selenium	mg	0.008	0.02
Molybdenum	mg	0.01	0.025
Chromium	mg	0.005	0.012
Taurine	mg	10	25
L-Carnitine	mg	10	25
Sucralose	mg	12	30

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), SUGAR, CORN STARCH, SOYBEAN OIL, INULIN, OLIGOFRUCTOSE, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, NATURAL AND ARTIFICIAL FLAVOUR, SUCRALOSE, PROTEASE, CITRIC ACID, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

PEPTAMEN® AF 1.2

The Peptamen® family of products is designed for absorption and tolerance, and is supported by 25+ years of clinical experience and evidence.



With
SpikeRight®
PLUS
Port & Safety System

Peptamen® AF 1.2 is a 1.2 Cal/ml, high protein, peptide-based, 100% whey protein, 50% MCT formula that supports feeding tolerance. Includes Prebio™, a unique blend of dietary fibres, in addition to EPA and DHA. For tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Critically ill patients
- Inflammatory conditions
- Sepsis
- GI impairment
- Elevated protein needs
- Diarrhea
- Early enteral feeding
- Transition from or dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.2 Cal/ml
Protein	25%
Carbohydrate	36%
Fat	39%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, corn starch
Fat Source	MCT (coconut and/or palm kernel oil), soybean oil, fish oil
Dietary Fibre	5.2 g/1000 ml
Fibre Source	100% Prebio™ (oligofructose/inulin)
n6:n3 ratio	1.8:1
MCT:LCT	50:50
Omega-3 Fatty acids	2400 mg EPA & DHA/1000 ml
Water content	810 ml/1000 ml
Osmolality	390 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	<0.5 g/100 ml (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1250 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12408910	24 x 250 ml Tetra Prisma® unflavoured
12321222	6 x 1.0 L ULTRAPAK®

NUTRITIONAL INFORMATION

Unflavoured	Units	100 ml	250 ml
Energy	Cal	120	300
Energy	kJ	502	1260
Protein	g	7.6	19
Carbohydrate	g	11.2	28
Fibre	g	0.52	1.3
Fat	g	5.4	13.5
Linoleic Acid	g	0.5	1.25
Vitamin A	IU	520	1300
Retinol	IU	320	800
Beta-Carotene	IU	200	500
Vitamin D	IU	64	160
Vitamin E	IU	4.8	12
Vitamin K	mg	0.01	0.025
Vitamin C	mg	14	35
Thiamine	mg	0.24	0.6
Riboflavin	mg	0.24	0.6
Niacin	mg	2.6	6.6
Pantothenic Acid	mg	0.6	1.5
Vitamin B6	mg	0.28	0.7
Biotin	mg	0.004	0.01
Folic Acid	mg	0.024	0.06
Vitamin B12	mg	0.0012	0.003
Choline	mg	60	150
Sodium	mg	72	180
Potassium	mg	180	450
Chloride	mg	136	340
Calcium	mg	80	200
Phosphorus	mg	80	200
Magnesium	mg	34	85
Iron	mg	2	5
Zinc	mg	1.8	4.4
Manganese	mg	0.32	0.8
Copper	mg	0.24	0.6
Iodine	mg	0.018	0.045
Selenium	mg	0.008	0.02
Molybdenum	mg	0.018	0.045
Chromium	mg	0.006	0.015
Taurine	mg	12	30
L-Carnitine	mg	12	30

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CORN STARCH, FISH OIL (FROM ANCHOVY, SARDINE), SOYBEAN OIL, OLIGOFRUCTOSE, INULIN, SALT, L-CARNITINE, TAURINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, PROTEASE, CITRIC ACID, DIMETHYLPOLYSILOXANE.

CONTAINS MILK, FISH (ANCHOVY, SARDINE) AND SOY.

PEPTAMEN® 1.5

The Peptamen® family of products is designed for absorption and tolerance, and is supported by 25+ years of clinical experience and evidence.



AVAILABLE
IN VANILLA
FLAVOUR

With
SpikeRight®
PLUS
Port & Safety System

Peptamen® 1.5 is a 1.5 Cal/ml, peptide-based, 100% whey protein, 70% MCT formula that supports feeding tolerance and addresses nutrition needs in a smaller volume. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- GI impairment:
 - Malabsorption
 - Delayed gastric emptying
 - Diarrhea
 - Short-bowel syndrome
 - Cystic fibrosis
 - Pancreatitis
- Volume sensitivity/restriction
- Elevated energy needs
- Early enteral feeding
- Transition from or dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	18%
Carbohydrate	49%
Fat	33%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, sugar (vanilla), corn starch
Fat Source	MCT (coconut and/or palm kernel oil), soybean oil
Sucralose	128 mg/1000 ml (vanilla)
n6:n3 ratio	7.4:1
MCT:LCT	70:30
Water content	770 ml/1000ml
Osmolality	550 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/100 ml (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12408877	24 x 250 ml Tetra Prisma® unflavoured
12408876	24 x 250 ml Tetra Prisma® vanilla
12321224	6 x 1.0 L ULTRAPAK®

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1575
Protein	g	6.8	17
Carbohydrate	g	18.8	47
Sugars	g	3.2	8
Fat	g	5.6	14
Linoleic Acid	g	0.4	1
Vitamin A	IU	650	1625
Retinol	IU	400	1000
Beta-Carotene	IU	250	625
Vitamin D	IU	80	200
Vitamin E	IU	4.5	11.3
Vitamin K	mg	0.012	0.03
Vitamin C	mg	18	45
Thiamine	mg	0.28	0.7
Riboflavin	mg	0.32	0.8
Niacin	mg	3.3	8.3
Pantothenic Acid	mg	0.72	1.8
Vitamin B6	mg	0.36	0.9
Biotin	mg	0.005	0.012
Folic Acid	mg	0.03	0.08
Vitamin B12	mg	0.0012	0.003
Choline	mg	72	180
Sodium	mg	90	225
Potassium	mg	210	525
Chloride	mg	176	440
Calcium	mg	100	250
Phosphorus	mg	100	250
Magnesium	mg	42	105
Iron	mg	2.4	6
Zinc	mg	2.2	5.5
Manganese	mg	0.44	1.1
Copper	mg	0.32	0.8
Iodine	mg	0.02	0.05
Selenium	mg	0.01	0.025
Molybdenum	mg	0.016	0.04
Chromium	mg	0.007	0.018
Taurine	mg	16	40
L-Carnitine	mg	16	40
Sucralose	mg	18	45

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), SUGAR, CORN STARCH, SOYBEAN OIL, SALT, L-CARNITINE, TAURINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, NATURAL AND ARTIFICIAL FLAVOUR, PROTEASE, SUCRALOSE, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

PEPTAMEN® INTENSE 1.0 HP

The Peptamen® family of products is designed for absorption and tolerance, and is supported by 25+ years of clinical experience and evidence.



With
SpikeRight®
PLUS
Port & Safety System

Peptamen® Intense 1.0 HP is a 1.0 Cal/ml, very high protein, peptide-based, 100% whey protein, 50% MCT formula that supports feeding tolerance. With 37% of calories from protein, Peptamen® Intense 1.0 HP is formulated to help meet protein needs of patients with elevated requirements. Includes Prebio™™, a unique blend of dietary fibres, in addition to EPA and DHA. For tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Acutely ill patients
- Critically ill obese patients
- Sarcopenia/muscle protein wasting
- Elevated protein needs
- Inflammatory conditions
- Stress-induced hyperglycemia
- Modified carbohydrate requirements
- GI impairment
- Diarrhea
- Early enteral feeding
- Transition from or dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	37%
Carbohydrate	31%
Fat	32%
Protein Source	Partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, corn starch
Fat Source	MCT (coconut and/or palm kernel oil), safflower oil, soybean oil, fish oil
Dietary Fibre	4 g/1000 ml
Fibre Source	100% Prebio™™ (oligofructose/inulin)
n6:n3 ratio	1.8:1
MCT:LCT	50:50
Omega-3 Fatty acids	2000 mg EPA & DHA/1000 ml
Water content	840 ml/1000 ml
Osmolality	345 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g/100 ml (not for individuals with galactosemia)
Low Residue	N
Meets DRI for 25 micronutrients	1500 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12408878	24 x 250 ml Tetra Prisma® unflavoured
12321215	6 x 1.0 L ULTRAPAK®

NUTRITIONAL INFORMATION

Unflavoured	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	9.2	23
Carbohydrate	g	7.6	19
Fibre	g	0.4	1
Fat	g	3.8	9.5
Linoleic Acid	g	0.4	1
Vitamin A	IU	430	1075
Retinol	IU	266	665
Beta-Carotene	IU	164	410
Vitamin D	IU	52.8	132
Vitamin E	IU	3.6	9
Vitamin K	mg	0.008	0.02
Vitamin C	mg	12	30
Thiamine	mg	0.2	0.5
Riboflavin	mg	0.2	0.5
Niacin	mg	2.2	5.5
Pantothenic Acid	mg	0.48	1.2
Vitamin B6	mg	0.24	0.6
Biotin	mg	0.003	0.008
Folic Acid	mg	0.02	0.05
Vitamin B12	mg	0.0008	0.002
Choline	mg	50	125
Sodium	mg	70	175
Potassium	mg	150	375
Chloride	mg	112	280
Calcium	mg	68	170
Phosphorus	mg	68	170
Magnesium	mg	30	75
Iron	mg	1.6	4
Zinc	mg	1.4	3.5
Manganese	mg	0.28	0.7
Copper	mg	0.2	0.5
Iodine	mg	0.014	0.035
Selenium	mg	0.008	0.02
Molybdenum	mg	0.016	0.04
Chromium	mg	0.006	0.015
Taurine	mg	10	25
L-Carnitine	mg	10	25

INGREDIENTS: WATER, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), CORN MALTODEXTRIN, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CORN STARCH, FISH OIL (FROM ANCHOVY, SARDINE), OLIGOFRUCTOSE, SAFFLOWER OIL, SOYBEAN OIL, INULIN, SALT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, TRICALCIUM PHOSPHATE, CALCIUM CHLORIDE, MAGNESIUM CHLORIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, PROTEASE, CITRIC ACID.

CONTAINS MILK, FISH (ANCHOVY, SARDINE) AND SOY.

RESOURCE® DIABETIC

Resource® family of products offers a wide range of solutions specifically formulated for individuals with special nutritional requirements.



Resource® Diabetic is a high protein formula with 24% of calories from protein for people with diabetes. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Diabetes
- Impaired glucose tolerance
- Stress-induced hyperglycemia
- Modified carbohydrate requirements
- Increased protein requirements

FEATURES AT-A-GLANCE:

Caloric density	1.06 Cal/ml
Protein	24%
Carbohydrate	36%
Fat	40%
Protein Source	sodium and calcium caseinates (milk), soy protein isolate
Carbohydrate Source	corn syrup, fructose
Fat Source	high oleic sunflower oil, soybean oil
Dietary Fibre	12 g/1000 ml
Fibre Source	100% soy fibre
n6:n3 ratio	10.7:1
Water content	842 ml/1000 ml
Osmolality	450 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
No Residue	N
Meets DRI for 25 micronutrients	1300 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12160668	24 x 250 ml Tetra Prisma® vanilla
12154795	4 x 1.5 L ULTRAPAK® vanilla

NUTRITIONAL INFORMATION

Vanilla Flavoured	Units	100 ml	250 ml
Protein	g	6.4	16
Fat	g	4.7	11.8
Linoleic Acid	g	0.8	2
Carbohydrate	g	9.5	23.8
Dietary Fibre	g	1.2	3
Energy	Cal	106	265
Energy	kJ	444	1110
Vitamin A*	IU	360	900
Vitamin D	IU	21	52.5
Vitamin E	IU	3	7.5
Thiamine	mg	0.16	0.4
Riboflavin	mg	0.18	0.45
Vitamin B6	mg	0.3	0.8
Niacin	mg	2.1	5.25
Vitamin C	mg	20	50
Vitamin B12	mg	0.0007	0.0018
Folic Acid	mg	0.042	0.105
Pantothenic Acid	mg	1.1	2.8
Biotin	mg	0.032	0.08
Vitamin K	mg	0.005	0.013
Iron	mg	1.1	2.8
Calcium	mg	93	233
Phosphorus	mg	93	233
Sodium	mg	96	240
Potassium	mg	140	350
Chloride	mg	80	200
Magnesium	mg	21	53
Iodine	mg	0.013	0.033
Copper	mg	0.12	0.3
Manganese	mg	0.27	0.68
Zinc	mg	1.2	3
Choline	mg	16	40
Selenium	mg	0.0051	0.013
Chromium	mg	0.01	0.025
Molybdenum	mg	0.015	0.038
Inositol	mg	80	200
L-Carnitine	mg	10	25
Taurine	mg	8	20

* 50% as Beta-carotene

INGREDIENTS: WATER, CORN SYRUP, SODIUM CASEINATE (FROM MILK), HIGH OLEIC SUNFLOWER OIL, FRUCTOSE, GROUND SOY COTYLEDON FIBRE, SOYBEAN OIL, CALCIUM CASEINATE, SOY PROTEIN ISOLATE, ARTIFICIAL FLAVOUR, TRICALCIUM PHOSPHATE, POTASSIUM CITRATE, MONOGLYCERIDES, MAGNESIUM CHLORIDE, POTASSIUM CHLORIDE, POTASSIUM HYDROXIDE, SODIUM PHOSPHATE, CHOLINE CHLORIDE, SODIUM ASCORBATE (VITAMIN C), L-CARNITINE, SODIUM CITRATE, INOSITOL, TAURINE, FERROUS SULPHATE (IRON), ZINC SULPHATE, NIACINAMIDE, ALPHA TOCOPHERYL ACETATE (VITAMIN E), CALCIUM PANTOTHENATE (PANTOTHENIC ACID), MANGANESE SULPHATE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, COPPER SULPHATE, RIBOFLAVIN, THIAMINE MONONITRATE, BETA CAROTENE, VITAMIN A PALMITATE, SODIUM MOLYBDATE (MOLYBDENUM), BIOTIN, CHROMIUM CHLORIDE, POTASSIUM IODIDE (IODINE), SODIUM SELENATE (SELENIUM), VITAMIN K₁, VITAMIN D₃, CYANOCOBALAMIN, DIMETHYLPOLYSILOXANE.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 85

RESOURCE® THICKENUP®

To support the nutritional management of people living with dysphagia, Resource® ThickenUp® family of products provides powder thickeners for preparing texture modified food and beverages.



Resource® ThickenUp® is a starch-based powdered thickener. Can be added to most hot and cold liquids and food. Suitable for use with the IDDSI framework (International Dysphagia Diet Standardisation Initiative).

FOR THE NUTRITIONAL MANAGEMENT OF:

- Dysphagia

FEATURES AT-A-GLANCE:

Caloric density	15 Cal/15 ml or 4.5 g
Protein	0%
Carbohydrate	100%
Fat	0%
Carbohydrate Source	modified corn starch
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	Y

ORDERING INFORMATION

Item #	Product size
12379832	12 x 227 g canister
12379822	25 lb (11.3 kg) bulk box

NUTRITIONAL INFORMATION

	Units	15 ml (4.5 g)*	% Daily Value
Calories	Cal	15	
Fat	g	0	0 %
Sodium	mg	10	0 %
Carbohydrate	g	4	1 %
Protein	g	0	

Not a significant source of saturated fat, trans fat, cholesterol, fibre, sugars, vitamin A, vitamin C, calcium or iron.

* 1 Tbsp

INGREDIENTS: MODIFIED FOOD STARCH (CORN).

This product is only suitable for individuals greater than 3 years old.

Nestlé Health Science recommends using Resource® ThickenUp® powder in the canister within one month of opening. For the Resource® ThickenUp® bulk format, use within 2 months once opened.

To maintain product quality, ship and store unopened package at room temperature (max. 25°C).

Once opened, store in a cool, dry place. After each use, re-seal the canister and tightly re-seal the plastic bag inside the bulk case.

Follow sanitary techniques for preparation which includes having clean, appropriate work areas, adequate hand washing and clean equipment during preparation and use.

RESOURCE® THICKENUP® CLEAR

Resource® ThickenUp® family of products includes powder thickeners for preparing texture modified food and beverages for the nutritional management of people living with dysphagia.



Resource® ThickenUp® Clear is a xanthan-based powdered thickener that remains clear, lump-free, tasteless, odourless, and maintains consistency over time once the desired thickness is reached. Resource® ThickenUp® Clear is clinically demonstrated to improve swallowing safety¹. Resource® ThickenUp® Clear is the #1 recommended brand of thickener for patients with dysphagia by Canadian dietitians² and suitable for use with the IDDSI framework (International Dysphagia Diet Standardisation Initiative).

FOR THE NUTRITIONAL MANAGEMENT OF:

- Dysphagia

FEATURES AT-A-GLANCE:

Caloric density	4 Cal/4 ml or 1.4 g
Protein	0%
Carbohydrate	100%
Fat	0%
Carbohydrate Source	corn and potato maltodextrin, xanthan gum
Kosher	Y
Gluten Free	Y
Lactose Free	N - 1.4 g stick packs N - 5 kg bulk pail N - 125 g canister

ORDERING INFORMATION

Item #	Product size
12382035	12 boxes of (24 x 1.4 g stick packs)
12380426	12 x 125 g canister
12380434	5 kg bulk pail

1. Leonard R et al. Effects of Bolus Rheology on Aspiration in Patients with Dysphagia. J Acad Nutr Diet, 2014; 114(4): 590-4.
2. Nestlé Medical Nutrition Customer Satisfaction Survey, 2018, Data on file.

NUTRITIONAL INFORMATION

	Units	4 ml (1.4 g)*	% Daily Value
Calories	Cal	4	
Fat	g	0	0 %
Sodium	mg	15	1 %
Potassium	mg	5	0 %
Carbohydrate	g	1	0 %
Protein	g	0	

Not a significant source of saturated fat, trans fat, cholesterol, fibre, sugars, vitamin A, vitamin C, calcium or iron.

* 1 scoop or stick pack

INGREDIENTS: CORN AND POTATO MALTODEXTRIN, XANTHAN GUM, POTASSIUM CHLORIDE.

MAY CONTAIN MILK.

This product is only suitable for individuals greater than 3 years old.

Nestlé Health Science recommends using Resource® ThickenUp® Clear powder in the canister within two months of opening.

To maintain product quality, ship and store unopened package at room temperature (max. 25°C).

Once opened, store in a cool, dry place. After each use, re-seal the canister and tightly re-seal the plastic bag inside the bulk pail and cover with lid; sanitize lid before re-use.

Follow sanitary techniques for preparation which includes having clean, appropriate work areas, adequate hand washing and clean equipment during preparation and use.

RESOURCE® 2.0

Resource® family of products offers a wide range of solutions specifically formulated for individuals with special nutritional requirements.



Resource® 2.0 is a calorie dense, 2.0 Cal/ml, high protein, complete nutrition formula. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Fluid restriction/volume intolerance
- Elevated calorie and protein needs
- Patients at risk for, or with pressure ulcers
- Patients prescribed a Medication Pass Program

FEATURES AT-A-GLANCE:

Caloric density	2.0 Cal/ml
Protein	17%
Carbohydrate	43%
Fat	40%
Protein Source	modified milk ingredients (calcium and sodium caseinates)
Carbohydrate Source	corn syrup, sugar
Fat Source	canola oil
n6:n3 ratio	2.2:1
Water content	690 ml/1000 ml
Osmolality	950 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for individuals with galactosemia)
Low Residue	Y
Meets DRI for 25 micronutrients	1000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12459298	24 x 237 ml Tetra Prisma® vanilla
12408395	12 x 946 ml carton vanilla

NUTRITIONAL INFORMATION*

* This information applies to the 237 ml product format.
For 946 ml format, please refer to package label.

	Units	100 ml	237 ml
Energy	Cal	200	477
Energy	kJ	840	2000
Protein	g	8.4	20
Carbohydrate	g	22	52
Sugars	g	6.8	16
Fat	g	9	21
Linoleic Acid	g	1.4	3.3
Vitamin A	IU	422	1000
Vitamin D	IU	84	200
Vitamin E	IU	9	22
Vitamin K	mg	0.013	0.03
Vitamin C	mg	38	90
Thiamine	mg	0.13	0.3
Riboflavin	mg	0.17	0.4
Niacin	mg	1.7	4
Pantothenic Acid	mg	0.55	1.3
Vitamin B6	mg	0.19	0.45
Biotin	mg	0.003	0.0075
Folic Acid	mg	0.025	0.06
Vitamin B12	mg	0.0003	0.00075
Choline	mg	59	140
Sodium	mg	72	170
Potassium	mg	177	420
Chloride	mg	105	250
Calcium	mg	105	250
Phosphorus	mg	105	250
Magnesium	mg	44	105
Iron	mg	1.9	4.5
Zinc	mg	1.6	3.8
Manganese	mg	0.25	0.6
Copper	mg	0.2	0.5
Iodine	mg	0.016	0.038
Selenium	mg	0.006	0.014
Molybdenum	mg	0.005	0.011
Chromium	mg	0.004	0.009

INGREDIENTS*: WATER, CORN SYRUP, MODIFIED MILK INGREDIENTS, CANOLA OIL, SUGAR, SALT, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, TRICALCIUM PHOSPHATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY MONOGLYCERIDES, SOY LECITHIN, CELLULOSE GEL AND GUM, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOUR, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

TOLEREX®

The Tolerex® and Vivonex® family of elemental diets require minimal digestive functionality while providing the benefits associated with continued use of the GI tract.



Tolerex® is a powdered, nutritionally complete, elemental formula with 100% free amino acids providing 1.0 Cal/ml, with 8.2% protein equivalent and 1.7% calories from fat for the severely compromised GI tract. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Severely impaired GI function
 - Severe protein and fat malabsorption
 - TPN alternative
 - Transition from TPN
 - Dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	8.2%
Carbohydrate	90.1%
Fat	1.7%
Protein Source	free amino acids
Carbohydrate Source	corn maltodextrin, modified corn starch
Fat Source	safflower oil
Water content	840 ml/1000 ml
Osmolality	550 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	Y
Meets DRI for 21 micronutrients	1900 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12172653	10 (6 x 80 g) packets unflavoured

NUTRITIONAL INFORMATION

Unflavoured	Units	100 g	300 ml* (80 g packet)
Energy	Cal	375	300
Energy	kJ	1570	1250
Fat	g	0.7	0.6
Linoleic Acid	g	0.4	0.3
Sodium	mg	190	152
Potassium	mg	437	350
Carbohydrate	g	85	68
Protein	g	**	**
Vitamin A	IU	1040	833
Vitamin C	mg	25	20
Calcium	mg	208	167
Iron	mg	3.75	3
Vitamin D	IU	169	135
Vitamin E	IU	6.25	5
Vitamin K	mg	0.017	0.013
Thiamine	mg	0.31	0.25
Riboflavin	mg	0.35	0.28
Niacin	mg	4.16	3.33
Vitamin B6	mg	0.41	0.33
Folic Acid	mg	0.083	0.067
Vitamin B12	mg	0.0013	0.001
Biotin	mg	0.062	0.05
Pantothenic Acid	mg	2.08	1.67
Phosphorus	mg	208	167
Iodine	mg	0.034	0.027
Magnesium	mg	83.3	66.7
Zinc	mg	3.12	2.5
Selenium	mg	0.015	0.012
Copper	mg	0.42	0.33
Manganese	mg	0.42	0.33
Chromium	mg	0.025	0.02
Molybdenum	mg	0.016	0.013
Chloride	mg	354	283
Choline	mg	15.4	12.3

* Each 80 g packet mixed with 255 ml water yields 300 ml of prepared formula.

** Contains 7.7 g of amino acids per 100 g and 6.2 g of amino acids per 300 ml of prepared product.

INGREDIENTS: MALTODEXTRIN (FROM CORN) AND LESS THAN 2% OF MAGNESIUM GLUCONATE, L-GLUTAMINE, CALCIUM GLYCEROPHOSPHATE, MODIFIED CORNSTARCH, L-ARGININE ACETATE, L-ASPARTIC ACID, SAFFLOWER OIL, GLYCINE, L-LYSINE ACETATE, L-LEUCINE, L-PROLINE, POTASSIUM CHLORIDE, L-PHENYLALANINE, L-VALINE, POTASSIUM SORBATE (TO PRESERVE FRESHNESS), L-ALANINE, L-METHIONINE, L-ISOLEUCINE, L-THREONINE, POTASSIUM CITRATE, SODIUM PHOSPHATE, L-SERINE, L-HISTIDINE HYDROCHLORIDE, SODIUM CITRATE, L-TRYPTOPHAN, L-TYROSINE, ASCORBIC ACID (VITAMIN C), CHOLINE BITARTRATE, DL-ALPHA-TOCOPHERYL ACETATE (VITAMIN E), POLYSORBATE 80, FERROUS SULFATE (IRON), ZINC SULFATE, VITAMIN A PALMITATE, NIACINAMIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE (PANTOTHENIC ACID), VITAMIN D₃ (CHOLECALCIFEROL), ASCORBYL PALMITATE AND BHA AND BHT AND TOCOPHEROLS (TO PRESERVE FRESHNESS), MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B₆), THIAMINE HYDROCHLORIDE, RIBOFLAVIN, CHROMIUM CHLORIDE, FOLIC ACID, BIOTIN, SODIUM SELENITE (SELENIUM), POTASSIUM IODIDE (IODINE), VITAMIN K₁ (PHYTONADIONE), SODIUM MOLYBDATE (MOLYBDENUM), VITAMIN B₁₂ (CYANOCOBALAMIN).

This product is only suitable for individuals greater than 3 years old.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 93

VIVONEX® PLUS

The Tolerex® and Vivonex® family of elemental diets require minimal digestive functionality while providing the benefits associated with continued use of the GI tract.



Vivonex® Plus is a powdered, nutritionally complete, elemental formula with 100% free amino acids providing 1.0 Cal/ml with 18% protein equivalent and 6% calories from fat for severely compromised GI tract. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Severely impaired GI function;
 - Severe protein and fat malabsorption
 - Extensive bowel resection
 - Early postoperative feeding
- TPN alternative
- Transition from TPN
- Dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	18%
Carbohydrate	76%
Fat	6%
Protein Source	free amino acids
Carbohydrate Source	corn maltodextrin, modified corn starch
Fat Source	soybean oil
n:6:n:3 ratio	7.0:1
Water content	850 ml/1000 ml
Osmolality	650 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	Y
Meets DRI for 21 micronutrients	1900 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12152663	6 (6 x 79.5 g) packets unflavoured

NUTRITIONAL INFORMATION

Unflavoured	Units	100 g	300 ml* (79.5 g packet)
Protein	g	**	**
Fat	g	2.5	2
Linoleic Acid	g	1.3	1
Carbohydrate	g	71.7	57
Energy	Cal	380	300
Energy	kJ	1580	1250
Vitamin A	IU	760	604
Vitamin D	IU	83.8	66.7
Vitamin E	IU	8.2	6.5
Thiamine	mg	0.5	0.4
Riboflavin	mg	0.71	0.57
Vitamin B6	mg	0.84	0.67
Niacin	mg	8.38	6.67
Vitamin C	mg	25	20
Vitamin B12	mg	0.0025	0.002
Folic Acid	mg	0.17	0.13
Pantothenic Acid	mg	4.2	3.33
Biotin	mg	0.13	0.1
Vitamin K	mg	0.017	0.013
Iron	mg	3.8	3
Calcium	mg	210	167
Phosphorus	mg	210	167
Sodium	mg	230	183
Potassium	mg	370	294
Chloride	mg	356	283
Magnesium	mg	83.8	66.7
Iodine	mg	0.034	0.027
Copper	mg	0.4	0.3
Manganese	mg	0.4	0.3
Zinc	mg	4.7	3.7
Choline	mg	83.8	66.7
Selenium	mg	0.015	0.012
Chromium	mg	0.025	0.02
Molybdenum	mg	0.016	0.013
Taurine	mg	25	20
L-Carnitine	mg	25	20

* Each 79.5 g packet mixed with 250 ml water yields 300 ml of prepared formula.

** Contains 17 g of amino acids - key building blocks of protein per 100 g; 13.5 g per 300 ml of prepared product; 45 g per 1000 ml.

INGREDIENTS: CORN MALTODEXTRIN, AMINO ACIDS (L-GLUTAMINE, L-LEUCINE, L-ARGININE ACETATE, L-LYSINE ACETATE, L-ISOLEUCINE, L-VALINE, L-PHENYLALANINE, L-THREONINE, L-CYSTEINE HYDROCHLORIDE, L-METHIONINE, L-TYROSINE, L-HISTIDINE HYDROCHLORIDE, L-ASPARTIC ACID, L-PROLINE, L-TRYPTOPHAN, L-SERINE, L-ALANINE, GLYCINE), MODIFIED CORN STARCH, SOYBEAN OIL, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE BITARTRATE), **MINERALS** (SODIUM CITRATE, SODIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, CALCIUM GLYCEROPHOSPHATE, MAGNESIUM GLUCONATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER GLUCONATE, POTASSIUM IODIDE, SODIUM SELENITE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), CITRIC ACID, POTASSIUM SORBATE.

CONTAINS SOY.

This product is only suitable for individuals greater than 3 years old.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

VIVONEX® T-E-N

The Tolerex® and Vivonex® family of elemental diets require minimal digestive functionality while providing the benefits associated with continued use of the GI tract.



Vivonex® T-E-N is a powdered, nutritionally complete, elemental formula with 100% free amino acids providing 1.0 Cal/ml with 15% protein equivalent and 3% calories from fat for severely compromised GI tract. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Severely impaired GI function;
 - Severe protein and fat malabsorption
 - Extensive bowel resection
 - Early postoperative feeding
- TPN alternative
- Transition from TPN
- Dual feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	15%
Carbohydrate	82%
Fat	3%
Protein Source	free amino acids
Carbohydrate Source	corn maltodextrin, modified corn starch
Fat Source	safflower oil
Water content	833 ml/1000 ml
Osmolality	630 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	Y
Meets DRI for 20 micronutrients	2000 ml (see page 130)

ORDERING INFORMATION

Item #	Product size
12172652	6 (10 x 80.4 g) packets unflavoured

NUTRITIONAL INFORMATION

	Units	100 g	300 ml* (80.4 g packet)
Energy	Cal	375	300
Energy	kJ	1570	1260
Fat	g	1	0.8
Linoleic Acid	g	0.6	0.48
Sodium	mg	230	185
Potassium	mg	350	281
Carbohydrate	g	76.7	61.7
Protein	g	**	**
Vitamin A	IU	945	760
Vitamin C	mg	22.4	18
Calcium	mg	187	150
Iron	mg	3.36	2.7
Vitamin D	IU	150	121
Vitamin E	IU	5.6	4.5
Vitamin K	mg	0.015	0.012
Thiamine	mg	0.56	0.45
Riboflavin	mg	0.63	0.51
Niacin	mg	7.46	6
Vitamin B ₆	mg	0.75	0.6
Folic Acid	mg	0.15	0.12
Vitamin B ₁₂	mg	0.0022	0.0018
Biotin	mg	0.11	0.09
Pantothenic Acid	mg	3.73	3
Phosphorus	mg	187	150
Iodine	mg	0.03	0.024
Magnesium	mg	74.6	60
Zinc	mg	4.2	3.38
Selenium	mg	0.013	0.011
Copper	mg	0.373	0.3
Manganese	mg	0.373	0.3
Chromium	mg	0.022	0.018
Molybdenum	mg	0.014	0.011
Chloride	mg	317	255
Choline	mg	74.6	60
L-Carnitine	mg	22.4	18
Taurine	mg	22.4	18

* Each 80.4 g packet mixed with 250 ml water yields 300 ml of prepared formula.

** Contains 14.3 g of amino acids per 100 g; 11.5 g per 300 ml of prepared product.

INGREDIENTS: MALTODEXTRIN (FROM CORN), MODIFIED CORNSTARCH, L-LEUCINE AND LESS THAN 2% OF L-GLUTAMINE, MAGNESIUM GLUCONATE, L-ARGININE ACETATE, L-ISOLEUCINE, L-VALINE, CALCIUM GLYCEROPHOSPHATE, SAFFLOWER OIL, L-LYSINE ACETATE, L-ASPARTIC ACID, L-ALANINE, L-PHENYLALANINE, L-PROLINE, SODIUM CITRATE, POTASSIUM CITRATE, GLYCINE, L-THREONINE, L-HISTIDINE HYDROCHLORIDE, L-SERINE, L-CYSTEINE HYDROCHLORIDE, L-METHIONINE, DISODIUM PHOSPHATE, POTASSIUM CHLORIDE, CHOLINE BITARTRATE, L-TRYPTOPHAN, L-TYROSINE, ASCORBIC ACID (VITAMIN C), TAURINE, POLYSORBATE 80, L-CARNITINE, DL-ALPHA-TOCOPHERYL ACETATE (VITAMIN E), ZINC SULFATE, FERROUS SULFATE (IRON), NIACINAMIDE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE (PANTOTHENIC ACID), COPPER GLUCONATE, POTASSIUM SORBATE AND ASCORBYL PALMITATE AND TOCOPHEROLS AND BHA/BHT (TO HELP MAINTAIN FRESHNESS), PYRIDOXINE HYDROCHLORIDE (VITAMIN B₆), MANGANESE SULFATE, VITAMIN D₃ (CHOLECALCIFEROL), RIBOFLAVIN (VITAMIN B₂), THIAMINE HYDROCHLORIDE (VITAMIN B₁), CHROMIUM CHLORIDE, FOLIC ACID, BIOTIN, POTASSIUM IODIDE (IODINE), SODIUM MOLYBDATE (MOLYBDENUM), SODIUM SELENITE (SELENIUM), VITAMIN K₁ (PHYTONADIONE), VITAMIN B₁₂ (CYANOCOBALAMIN).

This product is only suitable for individuals greater than 3 years old.

COMPLEAT PEDIATRIC®

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



Compleat Pediatric® is a tube feeding formula with real food ingredients including chicken, peas, carrots, peaches, tomato, green beans, and cranberry juice for children ages 1-13 years. This formula contains a blend of fibre and protein sources, and does not contain corn or soy. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Convenient alternative to homemade tube feeding
- Growth failure
- Short or long-term tube feeding regimens
- Nutrient-rich base for home blenderized tube feeding

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	15%
Carbohydrate	51%
Fat	34%
Protein Source	dried chicken meat, milk protein, pea protein isolate
Carbohydrate Source	brown rice syrup, fruit and vegetable ingredient blend including: dried green peas, tomato paste, peach puree concentrate, dried green beans, dried carrots, cranberry juice concentrate
Fat Source	canola oil, MCT (coconut and/or palm kernel oil)
Dietary Fibre	8.0 g/1000 ml
Fibre Source	24% acacia gum, oligofructose, inulin; 76% vegetable fibre
n6:n3 ratio	3.7:1
MCT:LCT	20:80
Water content	850 ml/1000 ml
Osmolality	400 mOsm/kg water
Kosher	N
Gluten Free	Y
Lactose	<0.5 g/100 ml (not for patients with galactosemia)
Low Residue	N
Meets DRI for	1000 ml (1-8 years)
25 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12303984	24 x 250 ml Tetra Prisma®

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	3.8	9.5
Carbohydrate	g	13	33
Fibre	g	0.8	2
Fat	g	3.8	9.5
Linoleic Acid	g	0.36	0.9
Vitamin A	IU	307	767
Retinol	IU	160	400
Beta-Carotene	IU	147	367
Vitamin D	IU	60	150
Vitamin E	IU	1.8	4.5
Vitamin K	mg	0.006	0.015
Vitamin C	mg	4	10
Thiamine	mg	0.08	0.2
Riboflavin	mg	0.08	0.2
Niacin	mg	1	2.5
Pantothenic Acid	mg	0.4	1
Vitamin B6	mg	0.12	0.3
Biotin	mg	0.002	0.005
Folic Acid	mg	0.016	0.04
Vitamin B12	mg	0.0002	0.0005
Choline	mg	44	110
Sodium	mg	76	190
Potassium	mg	168	420
Chloride	mg	60	150
Calcium	mg	140	350
Phosphorus	mg	108	270
Magnesium	mg	20	50
Iron	mg	1.4	3.5
Zinc	mg	0.72	1.8
Manganese	mg	0.15	0.38
Copper	mg	0.1	0.25
Iodine	mg	0.012	0.03
Selenium	mg	0.004	0.01
Molybdenum	mg	0.004	0.01
Chromium	mg	0.002	0.005
Taurine	mg	8	20
L-Carnitine	mg	1.6	4

INGREDIENTS: WATER, BROWN RICE SYRUP, DRIED CHICKEN MEAT, CANOLA OIL, MILK PROTEIN, PEA PROTEIN ISOLATE, DRIED GREEN PEAS, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT/AND OR PALM KERNEL OIL), TOMATO PASTE, PEACH PUREE CONCENTRATE, DRIED GREEN BEANS, PEA FIBRE, DRIED CARROTS, CRANBERRY JUICE CONCENTRATE, ACACIA GUM, OLIGOFRUCTOSE, INULIN, SALT, ROSEMARY EXTRACT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, SODIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), MAGNESIUM STEARATE, ASCORBIC ACID, POTASSIUM HYDRATE, CITRIC ACID, DIMETHYLPOLYSILOXANE.

CONTAINS MILK.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

COMPLEAT PEDIATRIC® 1.5

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



Compleat 1.5 Pediatric® is a 1.5 Cal/ml, plant based, real food ingredients formula for children 1-13 years. It includes tomato, peaches, green beans, carrots and cranberry juice. The formula contains plant-based protein and a blend of fibre sources, and does not contain dairy, soy, or corn. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Convenient alternative to homemade blenderized tube feeding
- Growth failure
- Short or long-term tube feeding regimes
- Fluid restrictions, shortened feeding schedules or volume intolerance

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	14%
Carbohydrate	44%
Fat	42%
Protein Source	hydrolyzed pea protein, L-cystine
Carbohydrate Source	brown rice syrup, fruit and vegetable ingredient blend including: tomato paste, peach purée concentrate, dried green beans, cranberry juice concentrate, dried carrots
Fat Source	MCT (coconut and/or palm kernel oil), canola oil, safflower or sunflower oil
Dietary Fibre	12 g/1000 ml
Fibre source	56% partially hydrolyzed guar gum, 44% vegetable fibre
n6:n3 ratio	6.8:1
MCT:LCT	40:60
Water content	772 ml/1000 ml
Osmolality	720 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y
Low Residue	N
Meet DRI for 25 micronutrients	750 ml (1-8 years) 1000 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12421742	24 x 250 ml Tetra Prisma®

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1570
Protein	g	5.2	13
Carbohydrate	g	17.2	43
Fibre	g	1.2	3
Fat	g	7.2	18
Linoleic Acid	g	1.2	3
Vitamin A	IU	460	1150
Retinol	IU	240	600
Beta-Carotene	IU	220	550
Vitamin D	IU	80	200
Vitamin E	IU	2.68	6.7
Vitamin K	mg	0.0088	0.022
Vitamin C	mg	6	15
Thiamine	mg	0.16	0.4
Riboflavin	mg	0.12	0.3
Niacin	mg	1.52	3.8
Pantothenic Acid	mg	0.48	1.2
Vitamin B6	mg	0.16	0.4
Biotin	mg	0.0024	0.006
Folic Acid	mg	0.024	0.06
Vitamin B12	mg	0.00032	0.0008
Choline	mg	48	120
Sodium	mg	112	280
Potassium	mg	256	640
Chloride	mg	140	350
Calcium	mg	180	450
Phosphorus	mg	140	350
Magnesium	mg	30	75
Iron	mg	2.12	5.3
Zinc	mg	1.2	3
Manganese	mg	0.2	0.5
Copper	mg	0.152	0.38
Iodine	mg	0.0144	0.036
Selenium	mg	0.006	0.015
Molybdenum	mg	0.004	0.01
Chromium	mg	0.0032	0.008
Taurine	mg	8	20
L-Carnitine	mg	2.4	6

INGREDIENTS: WATER, BROWN RICE SYRUP, HYDROLYZED PEA PROTEIN, TOMATO PASTE, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), PEACH PURÉE CONCENTRATE, CANOLA OIL, SAFFLOWER OR SUNFLOWER OIL, PARTIALLY HYDROLYZED GUAR GUM, DRIED GREEN BEANS, CRANBERRY JUICE CONCENTRATE, DRIED CARROTS, L-CYSTINE, SALT, TAURINE, L-CARNITINE, **VITAMINS** (BETA-CAROTENE, VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, TRIMAGNESIUM PHOSPHATE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), MAGNESIUM STEARATE, CITRIC ACID, POTASSIUM HYDRATE, ASCORBIC ACID, DIMETHYLPOLYSILOXANE.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 101

COMPLEAT PEDIATRIC® ORGANIC BLENDS

The Compleat® family of products offers unique, nutritionally complete tube feeding formulas with ingredients from real food.



Compleat Pediatric® Organic Blends is a 1.2 Cal/ml plant-based, real food ingredients formula for children 1-13 years. It contains a blend of organic whole foods, with plant-based protein sources and fibre from vegetables and fruit. This formula does not contain dairy, soy, or corn. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Convenient alternative to homemade blenderized tube feeding
- Growth failure
- Short or long term whole-protein tube feeding regimes

FEATURES AT-A-GLANCE:

Caloric density	1.2 Cal/ml
Protein	14%
Carbohydrate	46%
Fat	40%
Protein Source	organic hydrolyzed pea protein, organic rice protein concentrate, organic sweet potato purée, organic brown rice flour
Carbohydrate Source	organic sweet potato purée, organic pear purée, organic brown rice flour, organic blueberry purée, organic kale purée
Fat Source	organic extra virgin olive oil, organic canola oil
Dietary Fibre	17 g/1000 ml
Fibre Source	vegetables, fruit, grain (rice)
Water content	820 ml/1000 ml
Osmolality	710 mOsm/kg water
Kosher	N
Gluten Free	Y
Lactose Free	Y
Low Residue	N
Meets DRI for 25 micronutrients (see page 130)	900 ml (1-8 years) 1200 ml (9-13 years)

ORDERING INFORMATION

Item #	Product size
12355987	24 x 300 ml pouch

NUTRITIONAL INFORMATION

	Units	100 ml	300 ml
Energy	Cal	120	360
Energy	kJ	500	1510
Protein	g	4.3	13
Carbohydrate	g	13.7	41
Fibre	g	1.7	5
Fat	g	5.3	16
Linoleic Acid	g	0.9	2.7
Vitamin A	IU	1900	5700
Retinol	IU	167	500
Beta-Carotene	IU	1733	5200
Vitamin D	IU	67	200
Vitamin E	IU	2.5	7.5
Vitamin K	mg	0.007	0.02
Vitamin C	mg	8.3	25
Thiamine	mg	0.1	0.3
Riboflavin	mg	0.13	0.4
Niacin	mg	1	3
Pantothenic Acid	mg	0.83	2.5
Vitamin B6	mg	0.2	0.6
Biotin	mg	0.002	0.005
Inositol	mg	12	36
Folic Acid	mg	0.026	0.078
Vitamin B12	mg	0.0002	0.0007
Choline	mg	47	140
Sodium	mg	93	280
Potassium	mg	193	580
Chloride	mg	67	200
Calcium	mg	127	380
Phosphorus	mg	117	350
Magnesium	mg	20	60
Iron	mg	1.17	3.5
Zinc	mg	0.87	2.6
Manganese	mg	0.3	0.9
Copper	mg	0.13	0.4
Iodine	mg	0.012	0.035
Selenium	mg	0.005	0.015
Molybdenum	mg	0.014	0.042
Chromium	mg	0.007	0.022
Taurine	mg	8.3	25
L-Carnitine	mg	1.7	5

INGREDIENTS: SWEET POTATO PURÉE*, WATER, PEAR PURÉE*, BROWN RICE FLOUR*, HYDROLYZED PEA PROTEIN*, EXTRA VIRGIN OLIVE OIL*, CANOLA OIL*, BLUEBERRY PURÉE*, KALE PURÉE*, RICE PROTEIN CONCENTRATE*, SALT, CINNAMON*, GINGER*, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, ASCORBIC ACID, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE BITARTRATE, INOSITOL), **MINERALS** (SODIUM CITRATE, POTASSIUM CITRATE, TRICALCIUM PHOSPHATE, MAGNESIUM CHLORIDE, FERROUS SULPHATE, ZINC SULFATE, COPPER SULFATE, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM TRICHLORIDE), ASCORBIC ACID.

*ORGANIC.

MODULEN® IBD



Modulen® IBD is a great tasting, nutritionally complete powdered formula designed for people with Crohn's disease. The milk protein has been specially processed to retain TGF- β 2. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF PEOPLE WITH CROHN'S DISEASE:

- During the active phase
- Improving nutritional status
- During the remission phase
- Promoting linear growth
- Providing nutritional support for mucosal integrity

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml (can be concentrated to 1.5 Cal/ml)
Protein	14%
Carbohydrate	44%
Fat	42%
Protein Source	casein (milk)
Carbohydrate Source	corn syrup, sugar
Fat Source	milk fat, MCT, corn oil
n6:n3 ratio	11.5:1
MCT:LCT	25:75
Water content	850 ml/1000 ml (in standard dilution)
Osmolality	340 mOsm/kg water (in standard dilution)
Kosher	N
Gluten Free	Y
Lactose Free	N
Low Residue	Y
Meets DRI for	1000 ml (1-8 years)
21 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12149470	12 x 400 g can

NUTRITIONAL INFORMATION

	Units	100 g	1 serving*
Energy	Cal	493	247
Energy	kJ	2060	1030
Protein	g	17.5	8.8
Carbohydrate	g	54	27
Fat	g	23	12
Linoleic Acid	g	2.1	1.1
Sodium	mg	175	88
Potassium	mg	580	290
Vitamin A	IU	1420	710
Vitamin C	mg	50	25
Calcium	mg	415	208
Iron	mg	4.8	2.4
Vitamin D	IU	188	94
Vitamin E	IU	8.5	4.3
Vitamin K	mg	0.027	0.014
Thiamine	mg	0.35	0.18
Riboflavin	mg	0.57	0.29
Niacin	mg	6.4	3.2
Vitamin B6	mg	0.89	0.45
Folic Acid	mg	0.096	0.048
Vitamin B12	mg	0.0009	0.0004
Biotin	mg	0.011	0.0055
Pantothenic Acid	mg	2.5	1.3
Phosphorus	mg	270	135
Iodine	mg	0.036	0.018
Magnesium	mg	100	50
Zinc	mg	4.7	2.4
Selenium	mg	0.016	0.008
Copper	mg	0.49	0.25
Manganese	mg	0.75	0.38
Chromium	mg	0.013	0.0065
Molybdenum	mg	0.027	0.014
Chloride	mg	400	200
Choline	mg	29	15

* In standard dilution (50 g of Modulen® IBD powder mixed in 210 ml of water)

INGREDIENTS: CORN SYRUP, CASEIN (FROM MILK), SUGAR (SUCROSE), MILK FAT, MEDIUM CHAIN TRIGLYCERIDES, CORN OIL, SOYA LECITHIN, **VITAMINS AND MINERALS:** POTASSIUM CITRATE, CALCIUM PHOSPHATE, SODIUM CITRATE, CALCIUM CARBONATE, MAGNESIUM CHLORIDE, POTASSIUM HYDROXIDE, POTASSIUM CHLORIDE, SODIUM ASCORBATE, CHOLINE BITARTRATE, FERROUS SULPHATE, DL-ALPHA-TOCOPHERYL ACETATE, ZINC SULPHATE, MAGNESIUM OXIDE, NICOTINAMIDE, CALCIUM PANTOTHENATE, MANGANESE SULPHATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, COPPER SULPHATE, RETINYL ACETATE, RIBOFLAVIN, FOLIC ACID, SODIUM MOLYBDATE, POTASSIUM IODIDE, CHROMIUM CHLORIDE, PHYLLIOQUINONE, SODIUM SELENATE, BIOTIN, CHOLECALCIFEROL, CYANOCOBALAMIN.

This product is only suitable for individuals greater than 3 years old.

NUTREN® JUNIOR

The Nutren® family of products offers an extensive line of whole-protein, complete balanced nutrition formulas.



Nutren® Junior is formulated to meet the nutritional needs of children 1-13 years. Nutren® Junior is a 1.0 Cal/ml formula that contains 50% whey protein to facilitate gastric emptying. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Mild to moderate reflux
- Inadequate oral intake
- Growth failure

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	12%
Carbohydrate	44%
Fat	44%
Protein Source	milk protein concentrate, whey protein concentrate (milk)
Carbohydrate Source	maltodextrin, sugar
Fat Source	soybean oil, canola oil, MCT (coconut and/or palm kernel oil)
n6:n3 ratio	5.7:1
MCT:LCT	21:79
Water content	850 ml/1000 ml
Osmolality	350 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	Y
Meets DRI for	1000 ml (1-8 years)
25 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12344549	24 x 250 ml Tetra Prisma® vanilla

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	3	7.5
Carbohydrates	g	11.2	28
Sugars	g	2.4	6
Fat	g	4.8	12
Linoleic Acid	g	1.4	3.5
Vitamin A	IU	292	730
Retinol	IU	160	400
Beta-Carotene	IU	132	330
Vitamin D	IU	61	152
Vitamin E	IU	1.8	4.5
Vitamin K	mg	0.006	0.015
Vitamin C	mg	4	10
Thiamine	mg	0.08	0.2
Riboflavin	mg	0.12	0.3
Niacin	mg	1	2.5
Pantothenic Acid	mg	0.4	1
Vitamin B6	mg	0.12	0.3
Biotin	mg	0.002	0.005
Inositol	mg	8	20
Folic Acid	mg	0.016	0.04
Vitamin B12	mg	0.0002	0.0005
Choline	mg	32	80
Sodium	mg	48	120
Potassium	mg	150	375
Chloride	mg	100	250
Calcium	mg	120	300
Phosphorus	mg	90	225
Magnesium	mg	20	50
Iron	mg	1.4	3.5
Zinc	mg	0.72	1.8
Manganese	mg	0.16	0.4
Copper	mg	0.1	0.25
Iodine	mg	0.01	0.025
Selenium	mg	0.004	0.01
Molybdenum	mg	0.0048	0.012
Chromium	mg	0.0024	0.006
Taurine	mg	8	20
L-Carnitine	mg	4	10

INGREDIENTS: WATER, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SOYBEAN OIL, SUGAR, CANOLA OIL, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OILS), SALT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE, INOSITOL), **MINERALS** (SODIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, CALCIUM CITRATE, DIMAGNESIUM PHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, ARTIFICIAL FLAVOUR, CARRAGEENAN, STEVIA EXTRACT, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

NUTREN® JUNIOR FIBRE

The Nutren® family of products offers an extensive line of whole-protein, complete balanced nutrition formulas.



Nutren® Junior Fibre is formulated to meet the nutritional needs of children 1-13 years. Nutren® Junior Fibre is a 1.0 Cal/ml formula that contains 50% whey protein to facilitate gastric emptying, with Pea Fibre and Prebio™ which is a unique blend of dietary fibres. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Mild to moderate reflux
- Inadequate oral intake
- Growth failure
- Where fibre is indicated

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	12%
Carbohydrate	44%
Fat	44%
Protein Source	milk protein concentrate, whey protein concentrate (milk)
Carbohydrate Source	maltodextrin, sugar
Fat Source	soybean oil, canola oil, MCT (coconut and or/palm kernel oil)
Dietary Fibre	5.6 g/1000 ml
Fibre Source	64% pea hull fibre and 36% Prebio™ (oligofructose/inulin)
n6:n3 ratio	5.7:1
MCT:LCT	21:79
Water content	850 ml/1000 ml
Osmolality	350 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	N
Meets DRI for	1000 ml (1-8 years)
25 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12344573	24 x 250 ml Tetra Prisma® vanilla

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	3	7.5
Carbohydrates	g	11.6	29
Fibre	g	0.6	1.5
Sugars	g	2.4	6
Fat	g	4.8	12
Linoleic Acid	g	1.4	3.5
Vitamin A	IU	292	730
Retinol	IU	160	400
Beta-Carotene	IU	132	330
Vitamin D	IU	61	152
Vitamin E	IU	1.8	4.5
Vitamin K	mg	0.006	0.015
Vitamin C	mg	4	10
Thiamine	mg	0.08	0.2
Riboflavin	mg	0.12	0.3
Niacin	mg	1	2.5
Pantothenic Acid	mg	0.4	1
Vitamin B6	mg	0.12	0.3
Biotin	mg	0.002	0.005
Inositol	mg	8	20
Folic Acid	mg	0.016	0.04
Vitamin B12	mg	0.0002	0.0005
Choline	mg	32	80
Sodium	mg	48	120
Potassium	mg	150	375
Chloride	mg	100	250
Calcium	mg	120	300
Phosphorus	mg	90	225
Magnesium	mg	20	50
Iron	mg	1.4	3.5
Zinc	mg	0.72	1.8
Manganese	mg	0.16	0.4
Copper	mg	0.1	0.25
Iodine	mg	0.01	0.025
Selenium	mg	0.004	0.01
Molybdenum	mg	0.0048	0.012
Chromium	mg	0.0024	0.006
Taurine	mg	8	20
L-Carnitine	mg	4	10

INGREDIENTS: WATER, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SOYBEAN OIL, SUGAR, CANOLA OIL, MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OILS), PEA HULL FIBRE, OLIGOFRUCTOSE, INULIN, SALT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE, INOSITOL), **MINERALS** (SODIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, POTASSIUM HYDRATE, POTASSIUM CHLORIDE, CALCIUM CITRATE, DIMAGNESIUM PHOSPHATE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, SODIUM MOLYBDATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, ARTIFICIAL FLAVOUR, CARRAGEENAN, STEVIA EXTRACT, DIMETHYLPOLYSILOXANE.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 109

PEPTAMEN® JUNIOR 1.0

The Peptamen® family of products is designed for tolerance and is supported by 25+ years of clinical experience and evidence.



Peptamen® Junior 1.0 is formulated to meet the nutritional needs of children 1-13 years. Peptamen® Junior 1.0 is a 1.0 Cal/ml formula, with a peptide based, 100% whey protein designed for enhanced digestion and protein absorption and 60% MCT designed for enhanced lipid absorption to support feeding tolerance. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- **GI impairment:**
 - Malabsorption
 - Delayed gastric emptying
 - Diarrhea
 - Short-bowel syndrome
 - Cystic fibrosis
 - Radiation enteritis
- Early enteral feeding
- Transition from oral feeding with TPN

FEATURES AT-A-GLANCE:

Caloric density	1.0 Cal/ml
Protein	12%
Carbohydrate	55%
Fat	33%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, sugar, corn starch
Fat Source	MCT (coconut and palm kernel oil), soybean oil, canola oil
n6:n3 ratio	4.8:1
MCT:LCT	60:40
Water content	850 ml/1000 ml
Osmolality	360 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	Y
Meets DRI for	1000 ml (1-8 years)
25 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12408912	24 x 250 ml Tetra Prisma® vanilla

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	100	250
Energy	kJ	420	1050
Protein	g	3	7.5
Carbohydrates	g	13.6	34
Sugars	g	2.4	6
Fat	g	3.8	9.5
Linoleic Acid	g	0.4	1
Vitamin A	IU	292	730
Retinol	IU	160	400
Beta-Carotene	IU	132	330
Vitamin D	IU	60	150
Vitamin E	IU	1.8	4.5
Vitamin K	mg	0.006	0.015
Vitamin C	mg	4	10
Thiamine	mg	0.08	0.2
Riboflavin	mg	0.12	0.3
Niacin	mg	1	2.5
Pantothenic Acid	mg	0.4	1
Vitamin B6	mg	0.12	0.3
Biotin	mg	0.002	0.005
Inositol	mg	8	20
Folic Acid	mg	0.016	0.04
Vitamin B12	mg	0.0002	0.0005
Choline	mg	32	80
Sodium	mg	48	120
Potassium	mg	150	375
Chloride	mg	100	250
Calcium	mg	120	300
Phosphorus	mg	90	225
Magnesium	mg	20	50
Iron	mg	1.4	3.5
Zinc	mg	0.72	1.8
Manganese	mg	0.16	0.4
Copper	mg	0.1	0.25
Iodine	mg	0.01	0.025
Selenium	mg	0.004	0.01
Molybdenum	mg	0.0048	0.012
Chromium	mg	0.0024	0.006
Taurine	mg	8	20
L-Carnitine	mg	4	10
Sucralose	mg	4	10

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OILS), SUGAR, CORN STARCH, SOYBEAN OIL, CANOLA OIL, MONK FRUIT JUICE CONCENTRATE, SALT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K₁, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE, INOSITOL), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, CALCIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM TRICHLORIDE), SOY LECITHIN, GUAR GUM, FLAVOUR, PROTEASE, SUCRALOSE, CITRIC ACID.

CONTAINS MILK AND SOY.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION.

PEPTAMEN® JUNIOR 1.5

The Peptamen® family of products is designed for tolerance and is supported by 25+ years of clinical experience and evidence.



Peptamen® Junior 1.5 is formulated to meet the nutritional needs of children 1-13 years. Peptamen® Junior 1.5 is a 1.5 Cal/ml formula for elevated energy needs or volume sensitivities. It includes a peptide based, 100% whey protein for enhanced digestion and protein absorption, 60% MCT for enhanced lipid absorption, with EPA, DHA and PHGG. PHGG is known to be a well tolerated soluble fibre. For tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- **GI impairment:**
 - Malabsorption
 - Delayed gastric emptying
 - Diarrhea
 - Short-bowel syndrome
 - Cystic fibrosis
 - Radiation enteritis
- Early enteral feeding
- Transition from or dual feeding with TPN
- Volume restrictions
- Increased energy needs

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	12%
Carbohydrate	49%
Fat	39%
Protein Source	partially hydrolyzed whey protein (milk)
Carbohydrate Source	corn maltodextrin, corn starch
Fat Source	MCT (coconut and palm kernel oil), soybean oil, canola oil, fish oil (anchovy, sardine)
Dietary Fibre	6 g/1000 ml
Fibre Source	Partially Hydrolyzed Guar Gum
n6:n3 ratio	5.4:1
MCT:LCT	60:40
Omega-3 Fatty acids	700 mg EPA & DHA/1000 ml
Water content	772 ml/1000 ml
Osmolality	430 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose	<0.5 g Lactose/100 ml (not for patients with galactosemia)
Low Residue	N
Meets DRI for	750 ml (1-8 years)
25 micronutrients	1000 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
12408913	24 x 250 ml Tetra Prisma® unflavoured

NUTRITIONAL INFORMATION

	Units	100 ml	250 ml
Energy	Cal	150	375
Energy	kJ	630	1570
Protein	g	4.6	11.5
Carbohydrate	g	18.4	46
Fibre	g	0.6	1.5
Fat	g	6.8	17
Linoleic Acid	g	0.7	1.75
Vitamin A	IU	440	1100
Retinol	IU	240	600
Beta-Carotene	IU	200	500
Vitamin D	IU	90	225
Vitamin E	IU	2.68	6.7
Vitamin K	mg	0.0092	0.023
Vitamin C	mg	6	15
Thiamine	mg	0.12	0.3
Riboflavin	mg	0.2	0.5
Niacin	mg	1.52	3.8
Pantothenic Acid	mg	0.6	1.5
Vitamin B6	mg	0.2	0.5
Biotin	mg	0.003	0.0075
Inositol	mg	12	30
Folic Acid	mg	0.022	0.055
Vitamin B12	mg	0.00032	0.0008
Choline	mg	48	120
Sodium	mg	72	180
Potassium	mg	230	575
Chloride	mg	150	375
Calcium	mg	180	450
Phosphorus	mg	136	340
Magnesium	mg	30	75
Iron	mg	2.1	5.3
Zinc	mg	1.1	2.8
Manganese	mg	0.24	0.6
Copper	mg	0.16	0.4
Iodine	mg	0.016	0.04
Selenium	mg	0.006	0.015
Molybdenum	mg	0.0072	0.018
Chromium	mg	0.0036	0.009
Taurine	mg	12	30
L-Carnitine	mg	6	15

INGREDIENTS: WATER, CORN MALTODEXTRIN, PARTIALLY HYDROLYZED WHEY PROTEIN (FROM MILK), MEDIUM CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), CORN STARCH, SOYBEAN OIL, CANOLA OIL, PARTIALLY HYDROLYZED GUAR GUM, FISH OIL (FROM ANCHOVY, SARDINE), SALT, TAURINE, L-CARNITINE, **VITAMINS** (VITAMIN A PALMITATE, BETA-CAROTENE, VITAMIN D₃, DL-ALPHA-TOCOPHERYL ACETATE, VITAMIN K, SODIUM ASCORBATE, THIAMINE MONONITRATE, RIBOFLAVIN, NIACINAMIDE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, BIOTIN, FOLIC ACID, CYANOCOBALAMIN, CHOLINE CHLORIDE, INOSITOL), **MINERALS** (SODIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM PHOSPHATE, POTASSIUM CITRATE, POTASSIUM CHLORIDE, TRICALCIUM PHOSPHATE, MAGNESIUM CHLORIDE, MAGNESIUM OXIDE, FERROUS SULPHATE, ZINC SULPHATE, MANGANESE SULPHATE, COPPER SULPHATE, POTASSIUM IODIDE, SODIUM SELENATE, CHROMIUM TRICHLORIDE), GUAR GUM, SOY LECITHIN, PROTEASE, CITRIC ACID.

CONTAINS MILK, SOY AND FISH (ANCHOVY, SARDINE).

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 113

RESOURCE® KID ESSENTIALS 1.5

The Resource® family of products offers a wide range of solutions specifically formulated for individuals with special nutritional requirements.



NEW PACKAGING COMING SPRING/SUMMER 2021

Resource® Kid Essentials 1.5 is formulated to meet the nutritional needs of children 1-13 years. It is a 1.5 Cal/ml, whole-protein formula in vanilla flavour delivering more calories in less volume than standard 1.0 Cal/ml formulas. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Growth failure
- Volume restrictions
- Inadequate oral intake
- Increased energy needs

FEATURES AT-A-GLANCE:

Caloric density	1.5 Cal/ml
Protein	11%
Carbohydrate	44%
Fat	45%
Protein Source	sodium and calcium caseinates (milk), whey protein concentrate
Carbohydrate Source	maltodextrin, sugar
Fat Source	soybean oil, high oleic sunflower oil, MCT (coconut and/or palm kernel oil)
Dietary Fibre	9.28 g/1000 ml
Fibre Source	77 % partially hydrolyzed guar gum and 23% soy fibre
n6:n3 ratio	6.9:1
MCT:LCT	11:89
Water content	783 ml/1000 ml
Osmolality	405 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	N
Low Residue	N
Meets DRI for	1000 ml (1-8 years)
25 micronutrients	1500 ml (9-13 years)
(see page 130)	

ORDERING INFORMATION

Item #	Product size
09521617	27 x 237 ml Tetra Brik® vanilla

NUTRITIONAL INFORMATION

	Units	100 ml	237 ml
Energy	Cal	150	355
Energy	kJ	630	1480
Protein	g	4.2	10
Fat	g	7.5	17.8
Linoleic Acid	g	1.2	2.8
Carbohydrate	g	16.5	39*
Sodium	mg	69	164
Potassium	mg	130	309
Vitamin A**	IU	300	711
Vitamin C	mg	10	24
Thiamine	mg	0.12	0.28
Riboflavin	mg	0.15	0.36
Niacin	mg	1.1	2.5
Calcium	mg	130	309
Iron	mg	1.4	3.3
Vitamin D	IU	46	109
Vitamin E	IU	2.3	5.4
Vitamin B6	mg	0.16	0.38
Folic Acid	mg	0.034	0.08
Vitamin B12	mg	0.0002	0.0006
Phosphorus	mg	99	235
Iodine	mg	0.014	0.033
Magnesium	mg	24	57
Zinc	mg	1.2	2.8
Copper	mg	0.17	0.4
Biotin	mg	0.015	0.036
Pantothenic Acid	mg	1	2.4
Vitamin K	mg	0.008	0.02
Choline	mg	40	95
Chloride	mg	75	178
Manganese	mg	0.23	0.55
Selenium	mg	0.003	0.008
Chromium	mg	0.007	0.016
Molybdenum	mg	0.006	0.014
L-Carnitine	mg	2.5	6.2
Taurine	mg	13.5	32
M-Inositol	mg	11.8	28

* Contains 0.5 g of soy fibre & 1.7 g of partially hydrolysed guar gum per 237 ml

** 36% as Beta-carotene

INGREDIENTS: WATER, MALTODEXTRIN, SOYBEAN OIL, SUGAR, SODIUM CASEINATE (FROM COW'S MILK), HIGH OLEIC SUNFLOWER OIL, WHEY PROTEIN CONCENTRATE, MEDIUM-CHAIN TRIGLYCERIDES (FROM COCONUT AND/OR PALM KERNEL OIL), PARTIALLY HYDROLYSED GUAR GUM, CALCIUM CASEINATE, ARTIFICIAL FLAVOUR, TRICALCIUM PHOSPHATE, GROUND SOY COTYLEDON FIBRE, POTASSIUM CITRATE, SOY LECITHIN, TRIMAGNESIUM PHOSPHATE, SALT, CHOLINE CHLORIDE, ASCORBIC ACID, CARRAGEENAN, POTASSIUM CHLORIDE, POTASSIUM HYDROXIDE, DIMETHYLPOLYSILOXANE, VITAMIN A PALMITATE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, NICOTINAMIDE, PYRIDOXINE HYDROCHLORIDE, FOLIC ACID, CALCIUM PANTOTHENATE (PANTOTHENIC ACID), CYANOCOBALMIN, BIOTIN, INOSITOL, TAURINE, FERROUS SULPHATE (IRON), COPPER GLUCONATE, ZINC SULPHATE, POTASSIUM IODIDE (IODINE), MANGANESE SULPHATE, SODIUM SELENITE (SELENIUM), SODIUM MOLYBDATE (MOLYBDENUM), CHROMIUM TRICHLORIDE, BETA-CAROTENE, VITAMIN D₃, ALPHATOCOPHERYL ACETATE, VITAMIN K₁.

ALWAYS REFER TO THE PRODUCT LABEL FOR THE MOST CURRENT NUTRITION INFORMATION. 115

VIVONEX® PEDIATRIC

The Tolerex® and Vivonex® family of elemental diets require minimal digestive functionality while providing the benefits associated with continued use of the GI tract.



Vivonex® Pediatric is a powdered, nutritionally complete, elemental formula with 100% free amino acids providing 0.8 Cal/ml in standard dilution, designed for children 1-13 years. For oral and tube feeding use.

FOR THE NUTRITIONAL MANAGEMENT OF:

- Severely impaired GI function
- Transition from TPN
- Short bowel syndrome
- Malabsorption syndrome
- Inadequate oral intake

FEATURES AT-A-GLANCE:

Caloric density	0.8 Cal/ml
Protein	12%
Carbohydrate	63%
Fat	25%
Protein Source	free amino acids
Carbohydrate Source	corn maltodextrin, modified corn starch
Fat Source	MCT (modified coconut and/or palm kernel oil), soybean oil
n6:n3 ratio	7.7:1
MCT:LCT	68:32
Water content	893 ml/1000 ml
Osmolality	360 mOsm/kg water
Kosher	Y
Gluten Free	Y
Lactose Free	Y (not for patients with galactosemia)
Low Residue	Y
Meets DRI for 22 micronutrients	1250 ml (1-8 years) 1875 ml (9-13 years)

(see page 130)

ORDERING INFORMATION

Item #	Product size
09521619	6 (6 x 48.7 g) unflavoured packets

NUTRITIONAL INFORMATION

	Units	100 g	1 serving*
Protein**	g	12.3	6
Fat	g	12.1	5.88
Linoleic Acid	g	1.72	0.84
Carbohydrate	g	64.7	31.5
Energy	Cal	411	200
Energy	kJ	1720	836
Vitamin A†	IU	1270	620
Vitamin D	IU	164	80
Vitamin E	IU	6.16	3
Thiamine	mg	0.78	0.38
Riboflavin	mg	0.94	0.46
Vitamin B6	mg	1.03	0.5
Niacin	mg	10.3	5
Vitamin C	mg	41.1	20
Vitamin B12	mg	0.0006	0.0003
Folic Acid	mg	0.1	0.05
Pantothenic Acid	mg	2.6	1.26
Biotin	mg	0.053	0.026
Vitamin K	mg	0.021	0.01
Iron	mg	5.34	2.6
Calcium	mg	493	240
Phosphorus	mg	411	200
Sodium	mg	226	110
Potassium	mg	616	300
Chloride	mg	534	260
Magnesium	mg	82	40
Iodine	mg	0.062	0.03
Copper	mg	0.616	0.3
Manganese	mg	1.03	0.5
Zinc	mg	6.16	3
Choline	mg	103	50
Selenium	mg	0.016	0.008
Chromium	mg	0.023	0.011
Molybdenum	mg	0.039	0.019
L-Carnitine	mg	13	6.2
Taurine	mg	41.1	20

* In standard dilution (48.7 g of Vivonex® Pediatric powder mixed in 220 ml of water)

** As Amino Acids

† 44% as Beta-carotene

INGREDIENTS: MALTODEXTRIN (CORN), MODIFIED CORN STARCH, MODIFIED COCONUT AND/OR PALM KERNEL OIL (MEDIUM CHAIN TRIGLYCERIDES), SOYBEAN OIL (WITH BHA/BHT), CALCIUM GLYCEROPHOSPHATE, L-GLUTAMINE, MAGNESIUM GLUCONATE, L-LYSINE ACETATE, L-LEUCINE, L-ARGININE ACETATE, POTASSIUM CHLORIDE, L-VALINE, CITRIC ACID, L-ISOLEUCINE, L-ASPARTIC ACID, L-ALANINE, L-PHENYLALANINE, L-SERINE, L-PROLINE, L-THREONINE, L-TYROSINE, L-GLUTAMIC ACID, GLYCINE, L-HISTIDINE MONOHYDROCHLORIDE MONOHYDRATE, L-METHIONINE, POTASSIUM CITRATE, L-CYSTEINE, CHOLINE BITARTRATE, POLYGLYCEROL ESTERS OF FATTY ACIDS, SODIUM CITRATE, SODIUM PHOSPHATE DIBASIC, L-TRYPTOPHAN, POTASSIUM SORBATE, ASCORBIC ACID, TAURINE, ZINC SULPHATE, FERROUS SULPHATE, NIACINAMIDE, L-CARNITINE, ALPHA TOCOPHERYL ACETATE, ALPHA TOCOPHEROL, COPPER GLUCONATE, D-CALCIUM PANTOTHENATE, MANGANESE SULPHATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE, VITAMIN A PALMITATE, BETA-CAROTENE, FOLIC ACID, CHROMIUM CHLORIDE, SODIUM MOLYBDATE, POTASSIUM IODIDE, BIOTIN, SODIUM SELENITE, VITAMIN K₁, VITAMIN D₃, CYANOCOBALAMIN.

GENERAL INFORMATION

EXPIRATION DATES

Nestlé Health Science is committed to offering the highest quality products to those with special nutritional needs. In order to assure this quality, Nestlé Health Science products carry an expiration date.

The expiration date is the date up to which the product maintains its quality as well as the nutrient content declared on the label. The product should not be consumed after the expiration date has passed.

The expiration date is bilingual and is indicated by EXP followed by the date in a 4 digit year, abbreviated 2 digit month, and 2 digit day format.

The following are the Canadian bilingual month abbreviations used for Nestlé expiration date coding.

January: JA	April: AL	July: JL	October: OC
February: FE	May: MA	August: AU	November: NO
March: MR	June: JN	September: SE	December: DE

STORAGE

The following instructions are regarded as generally applicable to all Nestlé Health Science products in this guide. However, for product-specific instructions always refer to the label.

LIQUID FORMULA

To maintain product quality, store unopened package at room temperature (max. 25°C). Avoid freezing or storage at high temperatures. Once the Tetra Pak formula is opened, portion into an appropriate serving/feeding container and use immediately. Tightly cover package and refrigerate any unused portion. Discard opened-refrigerated formula within the time stated on the label.

Hang time of spiked 1 L or 1.5 L Ultrapak® liquid formulas is 48 hours at room temperature. It is not necessary to store the spiked Ultrapaks in the fridge between intermittent feeds.

In order not to compromise product quality and safety, refrigeration temperature must be between 2-4°C.

POWDERED FORMULA

Store powdered products in a cool, dry place and protect from moisture. For multi-serve/bulk packages; once opened, use within the time stated on the label.

CHEWABLE TABLETS

Store in well-closed containers at room temperature (max 25°C) away from moisture.

CAPSULES

Store unopened blister packs at room temperature (max 25°C) away from moisture.

HANG TIME

GENERAL GUIDELINES

Clean handling techniques must be employed in the preparation of all feedings. These include having clean, appropriate work areas; adequate clean and/or sterilized equipment; and minimal handling and manipulation of formulas during preparation and use. Any contamination during preparation or delivery reduces the hang time of the formula. Re-use of feeding containers and delivery sets increases the likelihood of contamination.

CLOSED SYSTEM - ULTRAPAK® WITH SPIKERIGHT® PLUS PORT

The UltraPak® with SpikeRight® PLUS enteral closed system is a pre-filled, commercially sterile, non-air dependent container that may hang for **up to 48 hours** once spiked with an appropriate administration set.

OPEN SYSTEM - POWDERS OR TETRA PAK® CONTAINERS

An open system encompasses reconstituted powders or ready-to-use liquids decanted from a preparation container or original packaging into a feeding container.

The A,S,P,E,N. Safe Practices for Enteral Nutrition Therapy* publication provides the following hang times recommendations:

- Limit infusion time for open enteral nutrition feeding systems to 4-8 hours maximum (12 hours in the home setting)
- Limit infusion time for a reconstituted powder product or modular to 4 hours maximum.

These hang time recommendations assume the formula is kept at room temperature and is subject to minimal handling and manipulation. The microbial safety of all tube feeding formulas is dependent on clean handling and administrative techniques.

While literature states a wide range of actual hang time recommendations, most agree that administration sets and bags used in an open system should be changed every 24 hours. This information also indicates that the bag and administration set should be flushed with water before adding additional formula.

*Boullatta JI et al. ASPEN Safe Practices for Enteral Nutrition Therapy. JPEN. 2017 Jan;41(1):15-103

GOOD TO KNOW

LACTOSE

Lactose is a disaccharide sugar (galactose and glucose) that is found in milk.

Although Health Canada does not have a specific, quantified limit for lactose-free, the Canadian Food Inspection Agency (CFIA) uses the guideline: **Lactose-free** means that there is no detectable lactose in the food using an acceptable laboratory method. Nestlé adheres to this guideline.

Due to great variation in individual lactose tolerances, a single threshold of lactose for all lactose intolerant people has not been determined. Symptoms of lactose intolerance have been described after intakes of less than 6 g per serving in some people, while the vast majority of lactose maldigesters can tolerate up to 12 g of lactose as a single dose with no or minor symptoms¹.

Where low levels of lactose are detected in Nestlé Health Science oral and enteral products, a statement of “<0.5 g lactose per serving” or “<0.5 g lactose per 100 ml” is made.

All Nestlé Health Science products have been tested to validate if they are lactose-free. Information in this guide is current at the time of printing.

Accurate and up-to-date information can be found on all Nestlé Health Science product labels. Products containing a milk ingredient and labelled as lactose-free are also labelled “not for individuals with Galactosemia.”

GLUTEN

Gluten is a protein composite (of gliadin and glutenin) found in wheat and related grain species, including but not limited to; barley, rye, oats, spelt, durum, kamut, emmer and triticale.

Health Canada views **gluten-free** products to contain less than 20 parts per million (ppm) of incidental gluten.

All Nestlé Health Science products have been tested to validate if they are gluten-free. Information in this guide is current at the time of printing. Accurate and up-to-date information can be found on all Nestlé Health Science product labels.

FIBRE

Nestlé Health Science products contain a variety of insoluble (soy fibre, pea hull fibre, from fruits and vegetables) and soluble dietary fibres (inulin, oligofructose, acacia gum, partially hydrolyzed guar gum and Prebio™; a blend of oligofructose and inulin). Sources of dietary fibre in each formula are listed in the Features At-A-Glance section on each product page.

1. EFSA Journal 2010;8(9):1777.

CALCILOCK®

CalciLock® is a blend of essential nutrients to help build and maintain strong bones. This nutrient blend includes calcium, phosphorus, magnesium, zinc, and vitamins D, C and K, and each nutrient is designed to functionally support healthy bone development.





Several nutrients are important for healthy bone development. Although each individual nutrient has a specific role in healthy bone development, the nutrients work together to provide the CalciLock® benefit. This combination of essential nutrients is important for bone structure, strength, mineralization, and metabolism, as well as collagen structure and synthesis.

The roles of these nutrients in bone growth and development are well-established.

Nutrient	Role in healthy bone development
Calcium	Plays a key role to provide bone structure and bone strength
Phosphorus	Essential for adequate bone mineralization and bone maintenance
Magnesium	Important role in bone metabolism, and contributes to bone structure and strength
Zinc	Co-factor for several key enzymes involved in bone mineralization and the development of the collagen structure in bones
Vitamin D	Essential for calcium absorption and adequate bone mineralization
Vitamin C	Necessary for collagen synthesis
Vitamin K	Plays a key role in the synthesis of important proteins involved in bone metabolism

KOSHER

Nestlé Health Science products that are certified kosher display the appropriate kosher symbol  or  on their labels. Products containing dairy ingredients or produced on dairy equipment will have a “D” following the kosher symbol. All kosher-certified products are manufactured under the Rabbinical supervision of the Kashruth Division of the Orthodox Union.

HALAL

Nestlé Health Science products that are certified Halal display the statement “Halal Certified” on the label. All halal-certified products are manufactured under the supervision of Halal Certification Services GmbH to ensure they are halal according to the Islamic Jurisdiction.

For more information, see: www.halalcs.org

GOOD TO REMEMBER

- **Nestlé Health Science** products are not for parenteral use.
- For oral use, portion formula into an appropriate serving container. Re-use of serving containers or consuming directly from product packaging is not recommended as it may compromise the food safety and quality of the product.
- Use under medical supervision. While many Nestlé Health Science products are designed to meet specific needs of patients with certain conditions, the choice of the optimal product for a patient must be based on patient-specific information and clinical judgment.
- Never use a microwave oven to warm formula. Serious burns can result.
- Adult nutritional products are not intended for use in children unless recommended by a physician or qualified health care professional.
- Always follow label instructions for proper preparation and serving. Nestlé Health Science does not recommend any alternate storage or preparation of products.
- For safety, always inspect product packaging prior to serving or use to ensure all safety seals are in tact.

RECOMMENDED ENTERAL FEEDING TUBE SIZES

Product	Gravity (Fr)	Pump Assisted (Fr)
COMPLEAT®	≥ 8	≥ 8
COMPLEAT® 1.5	NA	≥ 8
COMPLEAT® ORGANIC BLENDS	NA	≥ 12F*
COMPLEAT® ORGANIC BLENDS PEDIATRIC*	NA	≥ 12
COMPLEAT® PEDIATRIC	≥ 8	≥ 8
COMPLEAT® PEDIATRIC 1.5	NA	≥ 8
ISOSOURCE® 1.0 HP	≥ 8	≥ 5
ISOSOURCE® 1.2	≥ 8	≥ 5
ISOSOURCE® 1.5	≥ 8	≥ 5
ISOSOURCE® 2.0	≥ 8	≥ 8
ISOSOURCE® FIBRE 1.0 HP	≥ 8	≥ 5
ISOSOURCE® FIBRE 1.2	≥ 8	≥ 5
ISOSOURCE® FIBRE 1.5	≥ 8	≥ 5
MODULEN® IBD	≥ 8	≥ 5
NOVASOURCE® RENAL	≥ 8	≥ 8
NUTREN® JUNIOR	≥ 8	≥ 5
NUTREN® JUNIOR FIBRE	≥ 8	≥ 5
PEPTAMEN® 1.0	≥ 8	≥ 5
PEPTAMEN® 1.5	≥ 8	≥ 8
PEPTAMEN AF®	≥ 8	≥ 5
PEPTAMEN® INTENSE 1.0 HP	≥ 8	≥ 5
PEPTAMEN® WITH PREBIO™	≥ 8	≥ 5
PEPTAMEN® JUNIOR	≥ 8	≥ 5
PEPTAMEN® JUNIOR® 1.5	≥ 8	≥ 5
RESOURCE® 2.0	≥ 8	≥ 8
RESOURCE® DIABETIC	≥ 8	≥ 8
RESOURCE® KID ESSENTIALS 1.5	≥ 5	≥ 5
TOLEREX®	≥ 5	≥ 5
VIVONEX® PEDIATRIC	≥ 5	≥ 5
VIVONEX® PLUS	≥ 5	≥ 5
VIVONEX® T.E.N.	≥ 5	≥ 5

NA = not appropriate. *Variations in real-food ingredients may affect product viscosity and flow rate through a feeding pump may be affected. Monitor for accuracy of pump volume delivered.

ALBERTA REIMBURSEMENT LIST

The following Nestlé Health Science products are listed for reimbursement on the: **ALBERTA HUMAN SERVICES DRUG BENEFIT SUPPLEMENT**

REGULAR BENEFITS (40:20)

Product	Format	PIN
BOOST® 1.5 PLUS CALORIES (TETRA)	237 ml	999932
BOOST® DIABETIC	237 ml	999483
BOOST®	237 ml	999920
BOOST® PLUS CALORIES (BOTTLE)	237 ml	999921
COMPLEAT®	250 ml, 1000 ml	999966
COMPLEAT® 1.5	250 ml	999856
ISOSOURCE® 1.2	250ml, 1500ml	999889
ISOSOURCE® 1.5	250 ml, 1500 ml	999888
ISOSOURCE® 2.0	1000ml	9998877
ISOSOURCE® FIBRE 1.2	250 ml, 1500 ml	999424
ISOSOURCE® FIBRE 1.5	250 ml, 1500 ml	999425
NOVASOURCE® RENAL	237 ml, 1000 ml	990056
NUTREN® JUNIOR FIBRE	250 ml	999419
NUTREN® JUNIOR	250 ml	999418
RESOURCE® 2.0	237 ml	999409
RESOURCE® DIABETIC	250 ml, 1500 ml	999413
RESOURCE® KID ESSENTIALS 1.5 CAL	237 ml	999458
RESOURCE® THICKENUP® CLEAR	1.4 g, 125 g	999561
RESOURCE® THICKENUP®	227 g	999453

SPECIAL AUTHORIZATION

Product	Format	PIN
BENEPROTEIN®	7 g, 227 g	999415
BOOST® FRUIT FLAVOURED BEVERAGE	237 ml	999402
BOOST® HIGH PROTEIN	237 ml	999427
BOOST® PUDDING	142 g	999440
COMPLEAT® PEDIATRIC	250 ml	999426
COMPLEAT® PEDIATRIC 1.5	250 ml	999853
ISOSOURCE® 1.0 HP	250 ml, 1000 ml	999890
ISOSOURCE® FIBRE 1.0 HP	250 ml, 1500 ml	999886
MCT OIL	946 ml	999927
MODULEN® IBD	400 g	999559
PEPTAMEN® JUNIOR	250 ml	999408
PEPTAMEN® 1.0	250 ml	999944
PEPTAMEN® WITH PREBIO™	250 ml, 1500 ml	999435
PEPTAMEN® 1.5	250 ml, 1000 ml	999421
PEPTAMEN® AF 1.2	250 ml, 1000 ml	999467
PEPTAMEN® JUNIOR 1.5	250 ml	999553
TOLEREX®	80 g	999929
VIVONEX® PEDIATRIC	48.7 g	999422
VIVONEX® PLUS	79.5 g	999405
VIVONEX® T.E.N.	80.4 g	999983

For more information about the Alberta Human Services Drug Benefit Supplement visit: www.ab.bluecross.ca/dbl/pdfs/hsdbs.pdf

Nestlé Health Science products are available throughout Alberta at any Pharmacy.

ALBERTA REIMBURSEMENT LIST

The Nestlé Health Science products listed for reimbursement on the: **ALBERTA HUMAN SERVICES DRUG BENEFIT SUPPLEMENT** applies to the clients of:

Client	Group
Child and Family Services	20403
Alberta Child Health Benefit	20400 20401 20402
Children and Youth Services	19824
Income Support	19823
Learners Program	22128
(AISH) Alberta Human Services	19823
(AAHB) Alberta Adult Health Benefit	23609

ALBERTA HUMAN SERVICES SPECIAL AUTHORIZATION: COVERAGE CRITERIA

For use in patients who are unable to tolerate, have failed, or have nutritional requirements which cannot be met with the nutritional products which are unrestricted benefits (listed in PTC 40:20 of the Alberta Human Services Drug Benefit Supplement) - noted on previous page.

Information is required regarding the patient's diagnosis, previous nutritional products utilized and the patient's response to therapy, and/or the nutritional requirement which cannot be met with other nutritional products.

To request coverage for a product requiring Special Authorization, the Drug Special Authorization Request Form (ABC 60015) must be completed.

To Search the Interactive Drug Benefit List, and to access the Drug Special Authorization Request Form (ABC 60015) visit: <https://idbl.ab.bluecross.ca/idbl/load.do>

QUÉBEC REIMBURSEMENT LIST

The following Nestlé Health Science products are listed for reimbursement on the: **RAMQ EXCEPTION LIST**.

Product	Format	RAMQ Code
BENEPROTEIN®	227 g	99003783
BOOST® 1.5 PLUS CALORIES	237 ml	00898708
COMPLEAT®	250 ml	99000504
COMPLEAT® - CLOSED SYSTEM	1 000 ml	99003635
COMPLEAT® 1.5	250 ml	99113857
COMPLEAT® PEDIATRIC 1.5	250 ml	99113858
COMPLEAT® PEDIATRIC	250 ml	99004658
MCT OIL (VA 5)	946 ml	99100217
ISOSOURCE® FIBRES 1.0 HP	250 ml	99000180
ISOSOURCE® FIBRES 1.0 HP - CLOSED SYSTEM	1 500 ml	99004496
ISOSOURCE® 1.2	250 ml	99000512
ISOSOURCE® 1.2 - CLOSED SYSTEM	1 500 ml	99000164
ISOSOURCE® 1.5	250 ml	00907766
ISOSOURCE® 1.5 - CLOSED SYSTEM	1 500 ml	99002000
ISOSOURCE® 2.0 - CLOSED SYSTEM	1 000 ml	99100395
ISOSOURCE® FIBRES 1.2	250 ml	00801194
ISOSOURCE® FIBRES 1.2 - CLOSED SYSTEM	1 500 ml	99000202
ISOSOURCE® FIBRES 1.5	250 ml	99004135
ISOSOURCE® FIBRES 1.5 - CLOSED SYSTEM	1 500 ml	99004127
MICROLIPID	89 ml	99100401
MODULEN® IBD	400 g	99100792
NOVASOURCE® RENAL	237 ml	99003546
NOVASOURCE® RENAL - CLOSED SYSTEM	1 000 ml	99100244
NUTREN® JUNIOR	250 ml	99003406
NUTREN® JUNIOR WITH FIBRES PREBIO™	250 ml	99003414
PEPTAMEN® 1.0 (VA 98)	250 ml	00908444
PEPTAMEN® 1.5 (VA 98)	250 ml	99003031
PEPTAMEN® 1.5 - CLOSED SYSTEM (VA 98)	1 000 ml	99002922
PEPTAMEN® AF (VA 98)	250 ml	99100309
PEPTAMEN® AF - CLOSED SYSTEM (VA 98)	1 000 ml	99100826
PEPTAMEN® INTENSE 1.0 HP	250 ml	99101235
PEPTAMEN® INTENSE 1.0 HP	1000 ml	99101234
PEPTAMEN® JUNIOR (VA 98)	250 ml	99000296
PEPTAMEN® JUNIOR 1.5 (VA 98)	250 ml	99100789
PEPTAMEN® PREBIO™ (VA 98)	250 ml	99004631
PEPTAMEN® PREBIO™ - CLOSED SYSTEM (VA 98)	1 500 ml	99100094
RESOURCE® 2.0	237 ml	99003554
RESOURCE® DIABETIC	250 ml	99002019
RESOURCE® DIABETIC - CLOSED SYSTEM	1 500 ml	99100042
RESOURCE® KIDS ESSENTIALS 1.5	237 ml	99100216
TOLEREX® (VA 98)	80 g	00861464
VIVONEX® PEDIATRIC (VA 98)	48.7 g	99000229
VIVONEX® PLUS (VA 98)	79.5 g	00921017
VIVONEX® TEN (VA 98)	80.4 g	00895229

For more information on the RAMQ EXCEPTION LIST, please visit www.ramq.gouv.qc.ca

Nestlé Health Science products are available at any pharmacy and through some medical distributors.

RAMQ REIMBURSEMENT CRITERIA

NUTRITIONAL FORMULA

SEMI-ELEMENTAL AND MONOMERIC (VA98)

- for enteral feeding.
- for oral feeding in persons requiring monomeric nutritional formulas or semi-elemental nutritional formulas as their source of nutrition in the presence of severe maldigestion or malabsorption disorders and for whom polymeric formulas are not recommended or not tolerated.
- for children suffering from malnutrition, malabsorption or growth failure related to a medical condition.
- for persons suffering from cystic fibrosis.

SEMI ELEMENTAL, VERY HIGH PROTEIN - PEPTAMEN® INTENSE HIGH PROTEIN (FORM # 8140)

- for enteral feeding of persons requiring semi-elemental nutritional formulas as their source of nutrition in the presence of malabsorption, and whose nutritional needs in proteins have significantly increased.

POLYMERIC WITH RESIDUE - INTOLERANCE OR ALLERGY (FORM #8233)

For persons with a major intolerance or allergy to milk or soy proteins present in the polymeric nutritional formulas with residue appearing on the List of Medications and who meet at least one of the following criteria:

- for enteral feeding.
- for total oral feeding of persons requiring nutritional formulas as their source of nutrition in presence of esophageal dysfunction or dysphagia, maldigestion or malabsorption.
- for children suffering from malnutrition, malabsorption or growth failure related to a medical condition.
- for persons suffering from cystic fibrosis.

PROTEIN - BENEPROTEIN® (FORM #8123)

To increase the protein content of other nutritional formulas.

POLYMERIC LOW-RESIDUE - SPECIFIC USE - MODULEN® IBD (FORM #8064)

For total feeding, whether enteral or oral, of children suffering from Crohn's disease.

SKIM MILK/COCONUT OIL - MCT OIL (VA5)

For persons unable to effectively digest or absorb long-chain fatty foods.

FAT EMULSION INFANTS AND CHILDREN - MICROLIPID® (FORM # 8099)

To increase the caloric content of the diet or of other nutritional formulas in the presence of cardiac or metabolic disorders in children under age 4, and for whom the polymerized glucose nutritional formulas are not sufficient or not tolerated.

ONTARIO REIMBURSEMENT LIST

The following Nestlé Health Science products are listed for reimbursement on the: **ONTARIO DRUG BENEFIT FORMULARY**

Product	Format	PIN
BENEPROTEIN®	227 g	9857365
BENEPROTEIN®	7 g	9857364
BOOST® FRUIT FLAVOURED BEVERAGE	237 ml	9853154
BOOST® 1.5 PLUS CALORIES	237 ml	97982610
COMPLEAT®	250 ml	97983330
COMPLEAT®	1000 ml	9854231
COMPLEAT® PEDIATRIC	250 ml	9857173
ISOSOURCE® 1.2	250 ml	9857566
ISOSOURCE® 1.2	1500 ml	9857567
ISOSOURCE® 1.5	250 ml	9857568
ISOSOURCE® 1.5	1500 ml	9857569
ISOSOURCE® 2.0	1000 ml	9858121
ISOSOURCE® FIBRE 1.2	250 ml	9857558
ISOSOURCE® FIBRE 1.2	1500 ml	9857559
ISOSOURCE® FIBRE 1.5	250 ml	9857560
ISOSOURCE® FIBRE 1.5	1500 ml	9857561
MCT OIL	946 ml	97904473
MODULEN® IBD	400 g	9857393
NOVASOURCE® RENAL	237 ml	9854258
NUTREN® JUNIOR	250 ml	9854215
NUTREN® JUNIOR FIBRE	250 ml	9854223
PEPTAMEN® 1.0	250 ml	97984779
PEPTAMEN® WITH PREBIO™	250 ml	9857101
PEPTAMEN® WITH PREBIO™	1500 ml	9857102
PEPTAMEN® 1.5	250 ml	9853090
PEPTAMEN® 1.5	1000 ml	9857126
PEPTAMEN® JUNIOR	250 ml	9853588
PEPTAMEN® JUNIOR 1.5	250 ml	9857562
RESOURCE® DIABETIC	250 ml	9857427
RESOURCE® KID ESSENTIALS 1.5	237 ml	9857142
RESOURCE® 2.0	237 ml	9853170
TOLEREX®	80 g	97982750
VIVONEX® T.E.N.	80.4 g	9853618
VIVONEX® PLUS	79.5 g	97982830
VIVONEX® PEDIATRIC	48.7 g	9853308

For more information on the Ontario Drug Benefit Formulary/Comparative Drug Index and eligibility criteria visit: www.health.gov.on.ca/en/public/programs/drugs/programs/odb/opdp_nutrition.aspx

Nestlé Health Science products are available throughout Ontario at any Pharmacy.

ONTARIO DRUG BENEFIT ELIGIBILITY

You will qualify for the Ontario Drug Benefit (ODB) when you turn **65 years old**. Some of you will qualify before you reach that age because you're:

- living in a long-term care home or a home for special care, or
- enrolled in one of these programs:
 - Home Care
 - Ontario Works
 - Ontario Disability Support Program
 - Trillium Drug Program

NUTRITION PRODUCTS

The Ontario Drug Benefit covers the cost of these products up to a maximum dollar amount.

PATIENT ELIGIBILITY CRITERIA FOR COVERAGE OF NUTRITION PRODUCTS

The following patient eligibility criteria will determine a recipient's eligibility for coverage of Nutrition Products (NPs) under the Ontario Drug Benefit (ODB) program.

Nutrition Products will be reimbursed for ODB eligible persons when prescribed by a physician as the patient's **sole source** of nutrition and meet one of the following:

- oropharyngeal or gastrointestinal disorders resulting in esophageal dysfunction or dysphagia; e.g. head and neck surgery, neuromuscular disorder, or cerebral vascular disease where dysphagia prevents eating;
- maldigestion or malabsorption disorder and/or significant gut failure where food is not tolerated; e.g. pancreatic insufficiency, biliary obstruction, short bowel syndrome;
- for patients requiring the use of a chemically defined diet as a primary treatment of a disease where the therapeutic benefit has been demonstrated; i.e. Crohn's Disease

Each claim for reimbursement must be supported by a valid, fully completed Nutrition Product form.

Pharmacists are required to retain a copy of the Nutrition Product form on file for a period of two years.

EXCLUSIONS

A nutrition product will not be reimbursed under the ODB program if it is intended for one of the following uses:

- prescribed weight loss in the treatment of obesity
- food allergies
- body building
- voluntary meal replacement
- nutritional supplement
- convenience
- used as a replacement for breast feeding for infants with normal gastrointestinal absorptive function

Patients tolerating some solid foods and requiring only supplementation in addition to food are not eligible for coverage.

2021



WWW.NESTLEHEALTHSCIENCE.CA

CALL: 1 800 565-1871

Note: Nestlé Health Science products are intended for use under medical supervision. At the time of publication, every effort was made to ensure that all product information was accurate.

Always refer to the product label for the most current nutrition information.

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